



the 1990s, the number of people with a mental health problem has increased by 50% (Mental Health Foundation 1999).

There is a growing awareness of the need to address the needs of people with mental health problems, and the importance of the role of the community in this. The community is seen as a key resource in the provision of mental health services, and as a source of support and information for people with mental health problems.

The purpose of this paper is to explore the role of the community in the provision of mental health services, and to discuss the importance of the role of the community in this.

The paper is organized as follows. The first section discusses the role of the community in the provision of mental health services. The second section discusses the importance of the role of the community in this.

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1973

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1974



Wow! Was that a ginger bread woman?

The rules of the game were simple. Get to the building and be in your seat by 8:00 a.m. every morning (except Saturday, Sunday, and holidays). There was to be no smoking in the restrooms, no sleeping in the classrooms, and no taking cuts in the lunchroom. Every student was required to attend classes unless excused by Mr. Hook the dean of Students; each student in the halls during class hours had to have a pass, and students were forbidden to enter the teachers' lounge newly located by the shop classes.



Found in Lollipop woods.

As the years of our lives fly by, each of us is in contact with many people in many places. In every situation, a person encounters he must assume the role of a player in a game and act in accordance with the actions around him.

Every human being experiences various types of games. The R.F. school year of 1973-74 was one of the games. The students were the players. The object of the game--to survive through one whole year of homework, pep sessions, sports, and grades, and to win some sort of reward.



Let's hobble over and get an ice cream.



Ingots show spirit.



Shape drapes,



Cindy Bartolini



Harrison Gunter



Oops, wrong door!



Hello, is this candyland?



Becky Goings, Cindy Patterson.

Other rules were established in each room. Any violator caught was dealt with by the rules.

With the rules of the game set up, the players began in September. Players went by the rules, and players broke the rules. Players lost their turns, were sent back spaces. Most advanced to find themselves on top. Some received special goodies through hard work and perseverance; others barely made it past start.

Teachers & administration held the cards. At times, students drew what they wanted. In other cases they got just the opposite.



The school building and curriculum served as the game board. The players moved about the board at their own speeds. Signs were made. Grades were given. Sports were won and lost. Lunch was eaten. Lockers were kicked. Pictures were taken. Classes were ditched. Field trips occurred. Class meetings were held. Sports homecomings were sponsored. Clubs were formed. Accidents happened.



Ingot scorekeepers check on players.



Judy Tatalovich



Student drivers risk lives in hands of one another.



Rodney Jones

Romances soared, flopped. Classes were passed. Classes were flunked. Term papers were written. Swats were given. Vacations were taken. This and more happened as the game was played.

Players tried to out-smart their opponents, which at times didn't turn out to their advantage. Some players got breaks. Other players seemed to have the deck stacked against them. Most of the participants enjoyed playing the game no matter what obstacles were in the way. A few couldn't wait till it ended.



Rainbow Trail! Advance four spaces.



Which way to Mountain Pass?



I'll be late for Rainbow Trail.



RF player jumps high.



He seems to have a gumdrop stuck in his teeth.



Mr. Hontz eyes his players.

The game concluded in June of 1974. Earlier for the seniors. Whether the year as a whole was good or bad, it was a year different from all the rest and one that would be remembered for many years to come. The RF school year 1973-74, like other experiences, was "A Game We Played."

# Wojnarowski, Szpakowski tops October 9

RF 1973 Football Homecoming started October 5 with a float parade. The team faced North Judson Blue Jays.

The game opened with the National Anthem played by the High School Band, the school song, and musical routines by the pom-pom girls.

Sonja Alasevich and Rose Wojnarowski were Queen Candidates. Their Court included Dixie Stanley, junior; Julie Kipta, sophomore; and freshman, Pam Barber. The sophomore float "As- Salt the Blue Jays" won the float competition. Seniors placed second with "Can't Stop Beatin' Em"; third were juniors with "Get 'Em Before They Hatch" and fourth were freshmen with "Blue Jays Are Stool Pigeons."

Rose Wojnarowski was proclaimed 1973 Homecoming Queen. Joe Szpakowski was elected Mr. Football by his teammates. In-gots lost, and Student Council sponsored an after game dance.



Queen Rose Wojnarowski and her escort Joel Fedor.





Announcement of the queen.



Queen Rose is crowned.



BOTTOM LEFT - Freshmen and sophomore floats.

BOTTOM - Junior and senior floats.





Mrs. Epperson gets the beat.

Sometimes a player doesn't feel well. For this reason, a nurse was provided. Mrs. Carolee Epperson had the good privilege to be River Forest School Nurse.

When students were feeling a little under the weather, they always sought comfort in friendly confines of the nurse's office. There, beds were provided for the sick, though at times students took advantage of them to catch up on lost sleep.

Aside from taking care of ill students every day, Mrs. Epperson also ran tests on pupils. These include tuberculosis tests, and tests on eyes and ears.

The year as a whole was quite busy for Mrs. Epperson and her associate Mrs. Sarah Jo Shearer.



Sarah Jo Shearer, asst. nurse



Mr. Robert Scobey and Mr. Tom Freeman aided students as guidance counselors. The counselors' major responsibility was student schedules. At the end of the year, students had to make a decision about how they wanted to play the up-coming year. They chose classes from a large variety. Then it was Mr. Scobey's and Mr. Freeman's job to arrange classes to fulfill the wants and needs of students.

Besides planning schedules, both men helped students with problems and assisted with choosing colleges to attend after graduation.

Mrs. Semerau was the guidance office secretary. She was in charge of the sometimes impossible job of keeping order in the office. Mrs. Semerau kept things well under control.



Mr. Robert Scobey, head counselor



Mrs. Semerau, ready for work.

Mr. Tom Freeman



Between classes.

For many students and teachers a new game began just as the old one ended. This meant summer school.

Students took classes during the summer for many reasons. Some had to make up classes they had previously failed, and others simply wanted to broaden their knowledge. Whatever their reasons were, students found themselves suffering through lessons

while their friends romped on beaches.

A fairly large range of subjects was offered with everything from Biology to Drivers' Education. Summer school began on June 13 and ended on August 11.

Though pupils passed up joys of summer, many won games for their sacrifice.



Mr. Tippet inspects engine.



Student drivers anxiously await instructor.





Sept.

RAINBOW

TRAIL

For the game to begin, River Forest needed someone who could officially start the New Year. Mr. Billy J. Rosser gave the go ahead since he served as trustee of Hobart Township. Assisting Mr. Rosser was school superintendent, Mr. Henry Hayes.

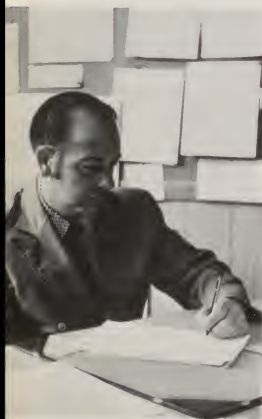
Mr. John Newton, the principal, and Mr. Robert Marszalek, the assistant principal, watched over the game board. They made sure that all players were moving properly. To reach their goals, the two men had to make decisions, discipline both students and teachers, and they had to enforce school rules.



Mr. Billy J. Rosser, trustee



Mr. John Newton, principal



Mr. Henry Hayes, superintendent



Mr. Robert Marszalek, ass't. principal

Sonya Alasevich

Pat Arroyo

Millie  
Baimakoulch

Judy Bannister

Bonnie Barber

Gerry Barney





Mrs. Sapper



Mrs. Paterson

To keep things in some kind of order around the main office, secretaries were mandatory. Mrs. Dorothy Sapper, Mrs. Marilyn Ohman, Miss Marty Cantwell, and Mrs. Pam Paterson were given this duty.

The secretaries filtered students who had to see Mr. Newton or Mr. Marszalek, wrote letters for the school, and they answered phone calls. Thanks to these ladies, the game ran a bit smoother.

Sometimes classes and clubs made money along the way. When this happened, Mrs. Eleanor Kekelik made her entrance into the game. Mrs. Kekelik was officially the school's treasurer. As treasurer, she took care of all the playing money. When one needed money for a function, he had to see the banker, Mrs. Kekelik.



Mrs. Kekelik School treasurer



Marty Cantwell



Mrs. Ohmann

M. Barrigan

Nancy Benka

Paul Bible

Tim Black

B. Breese

D. Bookhammer





Mrs. Trickel keeps score of students attendance.

When players decided not to play the game, they had to answer to Mr. Paul E. Hook. Mr. Hook acted as Dean of Students. Mrs. Lucille Trickel aided Mr. Hook with students for she was his secretary.

The dean took care of any students who had been absent, truant, or tardy. Written notes had to be given to him from parents explaining student situations. It was up to Mr. Hook to decide whether or not students were playing by the correct game rules.

Various degrees of punishment were applied to those caught cheating.



Dean Hook checks attendance scores.

Kathy Buda

Cindy Burge

B. Campbell

Liz Cesare

D. Chamberlain

John Conger





John Blanchard and Jerry Berdine



Friends in the RF cafeteria

Games have to be kept moving. To achieve this, capable people were needed to run the cafeteria, building, and buses.

Each lunch hour, cafeteria ladies were faced with providing school with food. Other women tried to keep lunch lines in order.

Men and women were needed to maintain the building during the day and after school hours. Everyone seemed to agree that a fine job was done all year to keep the building respectable.

Also doing a fine job were those who drove buses that brought students to and from school. It wasn't easy to drive a bus full of noise, but with patience, drivers came through.

## WALLIN'S HARDWARE

346 CENTRAL AVE.

EAST GARY

962-1478

Jim Cooper

Rick Coots

Chuck Cowart

Mark Crafton

C. Cummings

D. Danielwicz





ROW 1 - (LEFT TO RIGHT) - R. Santos, D. Bell, B. Prince, R. Francis, M. Ondo, E. Mullins, D. Duarte, D. Otero, D. Szpakowski, J. Estill, B. Wanzer, T. Fields, C. Thomas; ROW 2 - S. Westmoreland, M. Barragan, M. Delgado, C. Stanfill, D. Flores, M. Knox, R. Gibson, J. Bentley, M. Stanley, J. Long, J. Nelson, M. Orange, P. Martinez; ROW 3 - Mr. Feagler, D. Thormann, M. Baker, M. Yakab, J. Szpakowski, E. Hesford, P. Loving, G. Moore, S. Schiller, E. Knox, R. Arocho, B. Jenkins, Coach Freeman and Coach Baker.



Ronnie Gibson leads Ingot spirit at half time.

#### Varsity Schedule

	RF	OP
Calvinist	6	7
Enterprise	0	14
Wirt	6	28
Rensselaer	6	14
Griffith	8	48
North Johnson (Hickory)	2	11
Valpo	0	42
E. Gary	7	23
Portage	54	49
Winterville	11	30

Bobby Davis

Deb Davis

Panda Denny

Don Diamond

T. Dostater

Steve Dunn





# Team work is the name of the game



Dennie Szpakowski tries for a field goal.



Freeman discusses half-time plans.

In order to keep the male population fit during the fall quarter of the game, a varsity football program was offered. Mr. Tom Freeman, acting as head coach, chose the team.

Practice began early in summer. Those proving themselves worthy made the team. Some boys found that playing football wasn't the easiest thing in the world.

Football Homecoming was played on October 5th against North Judson and on October 26th it was Parent's Night, Portage was visiting.

Even though the team did not win any games, students united in spirit to make games fun and exciting.



Martinez lends a helping hand to J. Szpakowski

Julie Elliot

Penny Estill

G. Fazekas

Joal Fedor

Ted Fields

Mike Garrett





RF girls field hockey team in action.



ROW 1 - D. Padron, D. Padron, P. Denny, N. Benka; ROW 2 - D. Simmons, N. Biggs, V. Montemayor, C. Bartolini, D. Fraus, C. Illes (official); ROW 3 - Miss Schaffer, C. Thomas, B. Via, L. Stover, E. Tellez, Miss Mueller.

For girls who wanted more than academics in their game, there was field hockey. Miss Schafer was head coach with Miss Mueller assisting.

The team consisted of two seniors, one junior, seven sophomores, and two freshmen. They played against Hammond Gavit, Portage, and Chesterton.

Field hockey, like most sports, took a great deal of work to be successful. The team stuck with it all season to produce a winning combination that the school and the girls themselves could be proud of.



Schafer gives pep talk.

L. Gaskins

G. Glotzbach

Nettie Griggs

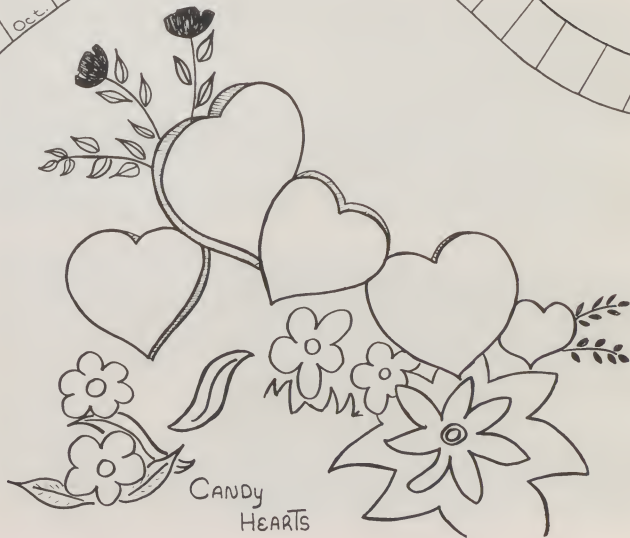
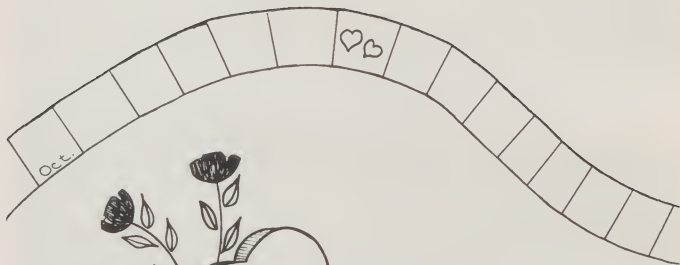
De. Gustoff

Da. Gustoff

Tom Hall









Mr. Hughes, student council sponsor.



James Cooper sorts cans.



Bruce Martin reads holiday poetry.



... and the Band plays on.

Student Council was designed for students to help run the game they played in. Its members met after school every Thursday to plan projects. Mr. J.R. Hughes was sponsor of student council. Mr. Hughes found that student council proceedings didn't always follow the books. Jim Cooper kept order during meetings as the president of the organization. Dorothy Zimmer was vice president, Sherry Hill took minutes as secretary and Don Ford was treasurer.

David Hayes

L. Hazelton

Ed Hesford

Mike Hibbard

J. Hickman

Debbie Holt





RF's Veteran Day Wreath



Student Council (Not pictured: T. Coffman, L. Stover, and P. Reed)

Many various activities filled student council's agenda. Each representative sold coasters to make money, collected cans for the Christmas can drive, and posed as court jesters for Charity Week. Aside from money raising, student council sponsored dances after sport events, organized homecomings, and arranged all the assemblies.

Players who were willing to sacrifice time usually had a great deal of fun. In this game, the rewards gained depended on efforts put into the project.



Student Council decorates tree.

Donna Hook

E. Jansen

J. Jasinski

Susan Jenkins

Bill Jenkins

Tod Johnson



# Freshman and Sophomores



Delia Pedroza checks out a score.



Sophomores are working. Sophomores



Shirley Weeks and Lori Lee eat lunch.



Sophomores laughing while eating.

Bruce Kaplon

K. Kaplon

D. Klinger

Eddie Knox

Steve Kollar

Jim Kormos



# have an active year.



brains are working.

Any unit of a game needs leaders. For freshman and sophomores, these included; president D. Cronch and L. Caudill, vice-pres. - W. Wright and D. Simmons, secretaries - R. DeVault and L. Stover and L. Shepherd.

Freshman were just starting to experience new games and for some sophomores, high school already seemed old hat. Whatever the opinions, all class members played the game with floats, bake sales, candy sales, pep sessions, assemblies, class ring selling, lunch hours, fire drills, early dismissal, report cards, class meetings, and locker clean-up.



Cindy Bartolini is expressing amazement.



Kevin Farthing

S. Kroledge

Barb Krueger

Tony Krysak

Jenny Kukral

Glenn Leitch

M. Liszewski



J.V. FOOTBALL		
	W	L
Cotton	2	0
Wint	2	0
Long	1	1
Hickory	1	0
Garland	1	1
Levell	1	2



Baby-face Candy Thomas and snaggle-toothed Sandy Leonard enjoy their half-time break.



Sophomore Ronnie Gibson attempts a sweep toward the outside.

Rick Long

Rich Manning

Texal Marks

F. Martin

Wanda Mast

Paul Mayfield





# a 2-2-2 record



Coach Berquist waits for the decision.



Mike Stanley watches RF game.

Junior varsity football team played the game finding themselves loving it and hating it. Practicing was too hard, hot, and demanding. Despite its handicaps, boys enjoyed it.

Mr. Ken Berquist coached the team to two wins, four losses and two ties.

Playing on junior varsity wasn't so glamorous as playing on varsity, but rewards were the same.

The end of junior varsity season meant the end of some short-lived football careers. For others it meant more, hard playing to try to gain a coveted spot on next year's varsity squad. No matter what happened in the future, each game player would always have his memories.



Mike Knox waits anxiously for the ball.

Dan McClure

D. McDonald

Barb McKee

Rudy Mercado

Barb Miller

Barb Mills





Junior Class Meeting



Dixie Stanley works at Concession Stand.

# High School is a waste of time . . .

. . . unless you find a job that turns you on and makes good use of your education. Inland Steel wants only people who want to use everything they've learned in high school--and strongly desire to grow personally and in their chosen field.

Inland's future growth depends on the creativity and productivity of its people. If you want a really challenging opportunity to contribute--with the rewards and responsibilities that go with it--Inland wants to talk to you.

We need action-seeking graduates for opportunities in clerical . . . production . . . technical . . . and craft apprenticeship areas.

Think it over. If you have high aspirations and a good high school record, take time to find out about a career with us.

See: Your School Counselor  
or  
Employment Representatives of  
Inland's Personnel Department

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Pamela  
Newcomb

Sherry Newsom







Penny Estill is measured for cap and gown.



Junior Scott Crafton takes time out to color.



Juniors class meeting.

Juniors and seniors were faced with more responsibilities than ever. Junior players had to run concession stands and sponsor the prom. Seniors were faced with preparing for the outside world and making their last year in high school one that no one would soon forget. Students had class meetings once a month to discuss class business. At times, it seemed talk was of everything, but class business. But in spite of all commotion, both juniors and seniors somehow did make the game what it should have been--fun and informative.



Seniors make some final year decisions.

Linda Nunez

R. Olivarri

V. Page

C. Patterson

L. Perkins

V. Petruska



Games always tend to have those players who attain more than average participants. Such was the case in this game. Outstanding were seniors Sherry Moreland, David Hayes, and Laure Skalik.

Sherry Moreland and David Hayes won National Merit Scholarships by scoring high on SAT tests they took as juniors. Sherry went on to compete on a higher level.

Laure Skalik won on local levels in a Voice of Democracy contest. To qualify Laure had to write a three minute speech on "My Responsibilities as a Citizen." Her essay won among schools in this area.

David and Sherry review the results.

Laure Skalik goes ahead with winning essay.

Cindy Peveler

Bruce Pierce

M. Podgorski

Daryl Polk

Martha Price

Mike Ray

# Volleyball has good season

Two teams made up girls volleyball program. Those girls who proved to be better game players at practice were placed on A team, remaining girls were on B team.

Because so many girls were in volleyball, three coaches were needed. Teachers Schafer, Speckard, and Mueller were coaches. The ladies individualized instructions, helped girls to make their team one that worked well together.

All girls were invited to try their hand at the game of volleyball. Even though not every girl who went out could make the team, it was still a great spectators' sport as many found when watching it.



B-TEAM (LEFT TO RIGHT) - S. Stover, U. Sobas, P. Barber, D. Padron, N. Mayfield; ROW 2 - G. Addison, L. Alasevich, L. Castilili, C. Illes, B. Via, D. Thomas, L. Stover, D. Padron; ROW 3 - W. Shepherd, D. West, C. Thomas, C. Gurley, S. Thomann, D. Elder, K. Uhles.

## Volleyball

Balliet	W
Chesterton	W
Pottage	L
East Gary	L
Wabash	L
Lowell	W
Hobart	W
Merrillville	W
Mich. Histo	W
Gay West	W
Highland	L



A-TEAM (FRONT) - V. Montemayor, (LEFT TO RIGHT) - E. Tellez, P. Denny, J. Jasinski, N. Benka, D. Zimmer, C. Bartolini, D. Simmons.

Rebecca Reyes

Denise Richard

C. Samuels

S. Schiller

D. Schlarp

Norma Serrano





ROW 1 - D. Jones, R. Wagoner, R. Hartman, B. Via, B. Shukitis, K. Freeman, D. Carter, R. Feigl, T. Rogers, R. Hartman, J. Espinosa, A. Cochran; ROW 2 - Coach Berquist, R. Hayes, A. Garner, M. Vickery, J. Jenkins, J. Hershman, G. Marlow, B. Deford, J. Krill, R. Book, A. Strimbu, J. Moore.

Since freshman football players aren't accustomed to the fierce competition of high school football, they are broken-in through playing only other freshman from other schools. By the time their first year has passed, they have made the change to high school.

Mr. Feagler coached freshman football. Coach Feagler helped players with team strategy and rules.

Many boys indicated an interest in football. A certain number had to be cut because they couldn't participate well enough, or because they couldn't stand the strenuous workout their minds and bodies would have to cope with. The freshman had a very impressive season record, five wins and two losses.

There were many individual stars of every game, but in order to accomplish anything worthwhile, the boys had to work as a team. Players deserving credit did have their glory.

Results of this game depended on how it worked as one unit working together.



#### FRESHMAN SCHEDULE

	RF	OP
Lowell	0	6
Lake	6	12
Whiting	2	0
Portage	32	0
E. Gary	22	0
Aylesworth (Portage)	42	0
Valpo	14	6

V. Sebella

S. Shaver

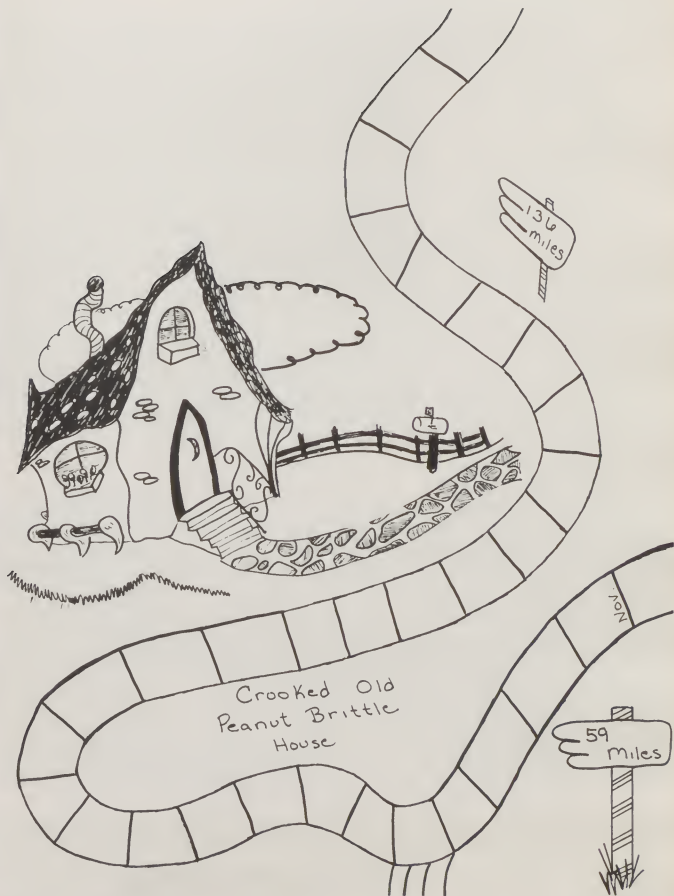
C. Smith

L. Skalik

Sue Smith

J. Snellgrove





# Students learn how businesses are

Accounting, typing, and shorthand were among many classes offered as part of the business game at RF. Mr. Baker, Mr. Halaschak, Mrs. Heller, Miss Watkins, Mr. McAtee, and Mrs. Mellon made up the business department.

Players in this game typed letters, took notes, passed and flunked tests, flew through timed writings, ran book store, and learned how businesses are organized and operated. Awards were given at year's end.



ROW 1 - Mrs. Heller, Mrs. Mellon, Miss Watkins, ROW 2 - Mr. Baker, Mr. McAtee, Mr. Halaschak.



Sophomores study In shorthand class.



Junior, Bev Smith works dilligently in Business Lab.

Pam Snider

R. Snellgrove

B. Soohy

C. Stanfill

D. Stanley

D. Stevenson





operated



Becky Morris takes a break.



Sophomore, Pedro Martinez discusses business.



A. Stojanovich

J. Szpakowski

D. Tabla

M. Taylor

C. Thompson

D. Thompson



# English classes go to Chicago

Mrs. Iorio, Mr. Garcia, Mr. Hontz, Mrs. Keller, Miss Kosanovich, Miss Major, and Mrs. Strange were entrusted with the duty of making sure players graduated with some knowledge of the English language.

Besides studying nouns and verbs, term papers had to be written, book reports had to be given, poems were read, paragraphs were constructed, plays were read, speeches memorized, tests were taken. English classes were very demanding.



Miss Kosanovich, High School English

Miss Kesel



Mr. Hontz is taking it easy.

P. Thompson

D. Thormann

G. Trinidad

C. Trump

D. Tsimblakis

D. Vaughan







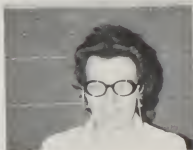
Miss Major explains English



Mr. Garcia




Mrs. Fay Iorio, dept. chairman



Mrs. Wanda Strange



Mrs. Natalie Keller



FAMOUS FOR DIAMONDS  
SINCE 1928

# Comau's

## JEWELLERS

DOWNTOWN GARY

WOODMAR CENTER

R. Walker

H. Wallace

K. Wheeler

D. Welton

J. Westerhout

D. Wiggins



# Wrestlers learn



READY, SET, GO!



Junior Rudy Milchak determines a pin.



Hey, man, let go of my leg!!!



RF wrestling accomplished a take down.

Wrestling is one game where a great deal of achievement and success is based entirely on individuals. To succeed, every player had to work hard at push-ups, sit-ups, monkey rolls and other various activities.

Twenty players made up the team. Wrestling began on Nov. 20, against Andrean and ended Feb. 7, at sectionals. Players won games and lost games, but either way, they had fun trying.

J. Wilkins

B. Williams

M. Whittinghill

R. Wojnaroski

M. Yakab

R. Yanez



# maturity



ROW 1-Dave Duarte, Dan Bell, John Serrano, Kevin Freeman, Dan Jones, ROW 2-Glen Ragon, Rudy Milchak, Mike Zoldaz, Mike Barker, Mike Orange, Coach Halaschak, Asst. Coach Mr. Hall, Bob Wanzer, Aron Garner, Jerry Nelson, Dan Waldrop, Mike Delgado.

Wrestling teaches players sportsmanship. They compete on a one-to-one basis and as a team. If a player loses his match, there's no one else to blame but himself. He has one of two choices. Either to give up or try harder next time. In most cases, players worked out their mistakes at practice.

By season's end, wrestlers learned, from experience, physical and mental maturity and how to apply it.



Compliments of

**PAUL LEON WOLEK**

**HOBART TOWNSHIP ASSESSOR**

**HOBART DIXON DANCE STUDIO  
INSTRUCTOR: ELAINE HAYES**

**3524 N. LAKE PARK AVE.**

**HOBART, INDIANA**

**PHONE 962-7944**

S. Young

D. Zimmer

M. Zoldaz



# Home ec. proves interesting to many girls



M. D'Aloisio works on her sewing project.



Miss Hollenbeck, Miss Hayden, Miss Ayers

Every player has to eat. Home economics trained students to cook meals and also to sew, plan houses, and care for children.

Miss Hayden, Miss Ayers, and Mrs. Hollenbeck taught home ec. Foods classes prepared Thanksgiving dinner in Nov. Clothing and foods classes had a Christmas tea and fashion show that included a display of home decoration accessories by housing classes. In Jan. housing designed house plans using scale models; child development classes visited Montessori School, observing children there; and clothing classes planned a fashion show.

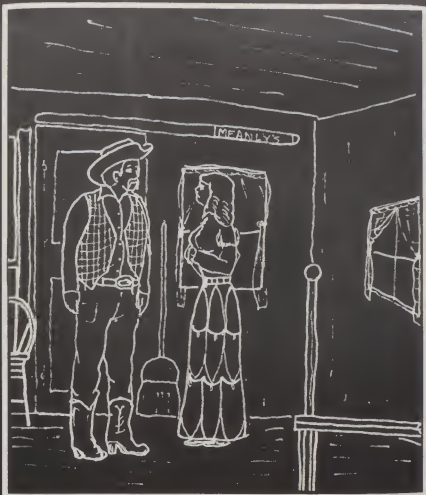


Linda Prince prepares food in home ec. class.

E. Alasevich   A. Alfaro   D. Archer   B. Barber   M. Barker   D. Beal   D. Bell   T. Benedict



# "High Cockalorum" is a big success



Matt Yakab finally returns to his gal, Sheila Long.

Mr. Tom Hontz directed the fall production of "High Cockalorum." The Western gave players a chance to show-off their theatrical talents. It was presented in the round with audience surrounding every player.

Appearing were: Matt Yakab, Sheila Long, Eric Johnson, Joal Fedor, John Baltrushaitus, Debbie Tabla, Kris Karas, Dan Cronch, James Moore, Bill Woolsey, Judy Tatalovich, May Page, Darlene Patton, Marilyn Liszewski, Karen Weaver, Ron Eaton, and Joyce Jasinski.

Rehearsals were long, lines hard to memorize, and stage fright difficult to overcome, but somehow actors and actresses made it through producing a play that was appreciated by all who saw it. For some it was first stage experience; others were pros.



The Christian Vigilance Committee watches as Eric Johnson talks to Darlene Patton.

John Bentley   S. Bethel   M. Bianco   H. Bible   J. Biggs   N. Biggs   L. Blanton   B. Blystone





# What goes up usually comes down

For the first time ever RF had a ski club. Miss Bahum, school librarian, organized the club. Pine Ski Lodge in Valparaiso was the scene of club activities. Club members were given a few tips on skiing and then were turned loose to try their luck.



Move ahead to next space.



Miss Barnes checks out skis.



Stop off at the chalet to eat.



Skiers getting back to the game.

At first there were a few falls, as in every game, but after awhile, players graduated from beginners' hill to larger hillsides.

Once everyone got over spills and cold weather, it was enjoyable for all.

M.J. Bowles

C. Boyd

P. Bruno

T. Bruns

R. Bull

R. Burge

J. Burgos

M. Burgos





# Freshman turn in 10-5 record



J. Jenkins dribbles away.



G. Marlow fights for keeps.



Up and in.



Coach Spencer determines.



J. Wojnarowski drives for 2.

Freshman boys were given opportunity in basketball on their own teams against other freshman from various schools.

There were teams A and B. Those players who seemed better at the game were put on A team. Others who weren't so good still got to play for B team. There were even those who played on both.

A team finished their season with 10 wins and 5 losses. Rick Hayes was leading scorer. Randy Waggoner led scoring in B team which ended with a season of 6 wins and 5 losses.

Dave Burton

J. Butala

M. Campbell

R. Carney

T. Clary

P. Coleman

D. Cochran

Rolley Cools



# Projects the game

Audio Visual department was a very important part of the game. It provided films to make classes more enjoyable to those who had to sit through them.

Mr. Gibbons and Mrs. Van-Horn ran AV with help from student assistants. These assistants got their daily exercise from delivering projectors, record players, and tape recorder to rooms all over school. Steps always proved challenging when equipment had to be delivered to rooms upstairs.

AV purchased new films and filmstrips as well as a portable public address system that was badly needed. The system was bought with donations from organizations at school. It was used in assemblies, pep sessions, and graduation ceremonies.



Mr. Gibbons



John Maneno



They don't play around here.



R. Coots

L. Corbett

E. Corley

S. Crafton

L. Crisp

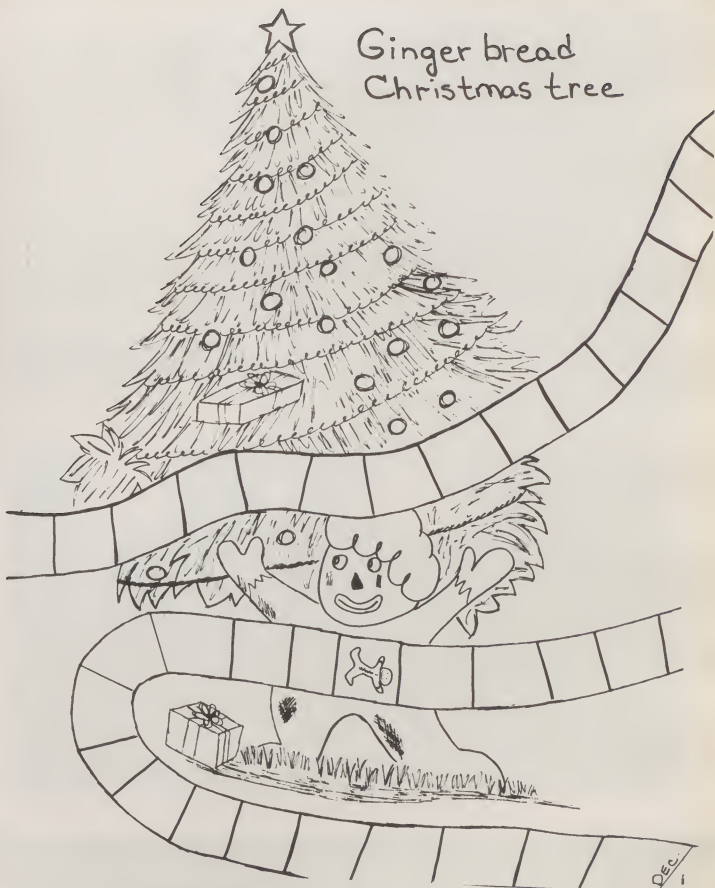
J. Davis

N. Davis

T. Daughtery



Ginger bread  
Christmas tree



## Boys enjoy bachelor living

For the first time in many years, male players were offered courses in bachelor living. A number of boys took advantage of the course. They learned what it would be like to live by themselves without anyone doing everything for them.

Boys learned much about everyday life. They cooked, sewed, and studied personal hygiene.

In Nov., boys made bow ties all by themselves. It was a new experience for each of them.

When weather was good, cookouts were enjoyed.



Junior, Phil Marquez cooks in bachelor living.



Mike Taylor and Dean Klinger add the remaining ingredients.

D. Delgado

J. Delph

L. Demmon

D. Deutscher

D. Diamond

E. Duarte

D. Duncan

D. Eaton



# Wassail sets mood for Christmas

Choir members brightened the Christmas season with a medieval wassail program. Dinner was served as Christmas carols were sung by a mixed ensemble and a girls' ensemble. Mr. Rex Brown directed the singing as well as arranged the entire program.

Mixed ensemble members were dressed in beautiful upper-class costumes of the time period. Girls' ensemble dressed as serving wenches.

Dinner consisted of cheese trays, relish trays, cornish hens, string beans, bread, cookies, and a pear dessert. At dinner's end a special wassail punch was served. During the program, guests were given tree ornaments handmade by Mr. Brown.



Mr. Brown, who directed the entire Wassail program, garnishes the boar head before the guests arrive for the evening.



Claude Trump, Kathy Wheeler and Pete Barragan listen to last minute instructions.



Kathy Loving brings the Wassail punch which will be served to the guests.

C. Hopper

D. Hovis

V. Huddleston

L. Hunter

C. Illes

C. Jackson

J. Jackson

C. Jenkins



# GAA is a blast

Here it comes.

Girls' Athletic Association provided recreational activities for girls in high school that enjoyed various sports. Players formed teams in each sport to compete against each other.

GAA met every Mon. after school to play games such as soccer, basketball, volleyball, bowling, and practically any other imaginable sport.

Miss Schafer sponsored GAA; Panda Denny was president; Nancy Benka, vice pres.; Vanessa Montemayor, secretary, and Esther Tellez was treasurer.

The girls had banquets in Dec. and May.



GAA officers Panda Denny, Nancy Benka, Vickie Montemayor, Esther Tellez, Nancy Biggs, Linda Caudill, Linda Stover, Dolly Padron.



UP, UP, & AWAY!!!

R. Eaton

J. Edmonds

F. Elizondo

Nancy Emmett A. Escobedo

Y. Espinosa

D. Flores

D. Forrest







Once again, girls proved that basketball wasn't monopolized by boys. RF had a fine girls' basketball team. Miss Schafer coached.

There was an A and B team. Tryouts were held. Better

players gained positions on A team. Others were pleased to make B team.

Players learned sportsmanship, teamwork, and self-control from their experiences. Winning was pleas-

ant, but just playing the game was gratifying.

The girls got a chance to travel, meet people, see places, get their daily exercise, and play basketball.

## Girls prove themselves in basketball

M. Fraley

R. Francis

K. Gault

B. George

R. Gonzales

T. Greig

L. Gulley

H. Gunter





Varsity cheerleaders: (L to R) Judy Tatalovich, Shirley Thormann, Linda Caudill, Donna Hendrix, May Page, and Nancy Davis.



Cheerleaders add spirit.



Squad practices.



Nancy and May construct mount.



May shows football spirit.



Linda peeks as players enter.

## Varsity boosts Ingot spirit

Varsity cheerleaders, elected last spring, who led Ingot spirit during 1974-75 were: Captain Judy Tatalovich, Donna Hendrix, May Page, Linda Caudill, Nancy Davis, and Shirley Thormann. Besides whooping up fans at games, this peppy quintet organized fan buses, had bake sales, regulated pep sessions, and sponsored dances.

H. Gutierrez

B. Hanna

E. Hayes

S. Hill

D. Hoefflicker

V. Holland

A. Hirtz

P. Huddelston



# J.V. Cheerleaders show enthusiasm during the 1974 school year



J.V. warms up before pep-session.



Junior Varsity cheerleaders for 1973-74 school year were capt. Diane Simmons, Margie Olivarri, Sandy Leonard, Candy Thomas, Diane Haley, and Linda Stover.

The girls cheered at JV football and basketball games and at pep sessions. Besides cheering, they were kept active by helping varsity cheerleaders.

J.V. Cheerleaders: BOTTOM, Margie Olivarri, LEFT: Sandy Leonard, RIGHT, Candy Thomas, Diane Haley.



Diane Simmons

Candy and Sherry watch and pray.

D. Hutnick L. Johnson N. Johnson S. Johnson S. Kamano P. Kanla M. Karageorge S. Kendera



# Science assembly proves

Mrs. Hooks, Miss Speckhard, and Mr. Wells were head dis-  
sectors in the science game.  
They taught biology and chem-  
istry.

Chemistry and physics classes  
went on a field trip to Cook's  
Nuclear Center in Hart, Mich.  
Here students were entertained  
by a program explaining fund-  
amentals of producing nuclear  
energy. Much was learned  
about advantages of this type  
of energy. On display was a  
working television that was so  
small it fit on a wristwatch  
band.



Mr. Willing and Panda Denny look over experiment.

When it's your  
turn to graduate,  
you wear your  
cap and gown  
for only a few  
brief hours ...  
but you can  
wear your class  
ring always.



**Balfour**  
the ring people

Represented by:

**JIM BELL**  
Northern Indiana  
**BALFOUR-TAYLOR**  
1012 Monroe



Mr. Wells

V. Kiser

J. Kollar

R. Korrecht

J. Krallik

B. Lira

J. Long

P. Loving

J. Maldonado





Mrs. Hooks explains science



Miss Sue Speckhard



Denise Wallace, Becky Goings.

Mrs. Hooks was successful at obtaining an atomic energy show for a school assembly. George Maxwell presented "This Atomic World" program for the amusement of student body.

Players studied evolution, chemical equations, plants, animals, minerals, atoms, molecules, and ecology. They found that microscopes, magnifying glasses, and dissecting kits were handy when it was time to perform labs. When the end of school came around, players left classrooms filled with more knowledge about the world.

P. Marquez L. Martinez J. McClusky M. Micic B. Middleton R. Milchak C. Mioduski J. Miranda





# Fans cheer JV games

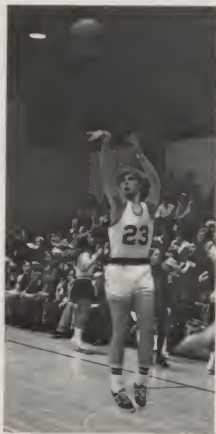


ROW 1: Tom Henley, John Estill, Phil Hayes, ROW 2: Raymond Santos, Stan Turner, Don Ford, Kevin Farthing, Warren Lewis, Steve Orto, Tom Cantwell, Coach Joe Burleson.

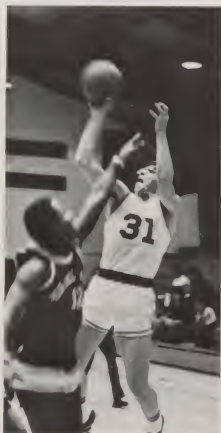
For those players who did not make varsity basketball team, there was always junior varsity. JV had, as its coach, elementary teacher, Joe Burleson.

JV basketball had all advantages of varsity with less publicity. A player could look at it two ways. If he played well, no one would know, if badly, he could be glad no one knew.

Fans always came early to cheer for JV games preceding varsity games.



Junior Dave Burton



Sophomore Ron Gibson



Sophomore Stan Turner

G. Mitchell   H. Mitol   V. Monroe   J. Moore   B. Morris   J. Nelson   N. Nunez   M. Olivari





# Varsity has exciting season

Varsity basketball wasn't all fun and games. Players who made varsity team withstood demanding practices every night from Nov. to Feb. Coach Paul Hook made sure that all players were in top shape for every game.

Over Christmas vacation, RF placed fourth in the Holiday Tourney after Hobart, East Gary, and Whiting. E. Gary hosted the tourney. Many fans turned out to back their teams.

Varsity ended their season with 4 wins and 15 losses. Their last game was played against East Chicago Roosevelt at Sectionals.



Victory



Bruce Kaplon ponders.

Hobart	52	RF	54
Chesterton	75	RF	61
Hanover	69	RF	61
Andrean	85	RF	71
Boone Grove	59	RF	65

## Holiday Tourney:

Hobart	68	RF	47
East Gary	59	RF	67
Hammond Tech	65	RF	59
Griffith	72	RF	62
Hebron	68	RF	58
Lowell	63	RF	77
Kankakee Valley	61	RF	50
Lake Central	61	RF	64
Wirt	85	RF	78
East Gary	95	RF	71
Whiting	75	RF	68
Hammond Gavit	86	RF	62
Horrace Mann	71	RF	59
Lew Wallace	87	RF	68
Calumet	75	RF	76

## Sectionals:

EC. Roosevelt	79	RF	56
---------------	----	----	----



Don Chamberlin, Dave Burton (23), Don Eaton, Ron Gibson, Gary Moore, Matt Yakab, Joe Hershman, Ron Coots, John Biggs, Carol Thomas, Ron Eaton, Bruce Kaplon, Center Coach Hook.

Pam Olson Jeff Orange Mike Orange Rene Orto Brian Owens May Page John Palmowski M. Parks



# Freshmen participate in high school spirit



Freshman cheerleaders: (BOTTOM TO TOP) Mascot, Kelly Spencer, Nada Dejanovich, Teresa Wallace, Julie Wiggins, Susan Stover, and Diane King.



Teresa shows her enthusiasm.



Cheerleaders practice mounts.

Miss Terry Watkins directed freshman cheerleading as well as varsity and JV squads. Theresa Wallace led cheerleaders Nada Dejanovic, Diane King, Susan Stover, and Julie Wiggins as captain of freshman squad. It was their first year as high school cheerleaders. The girls generated spirit among their classmates.



Mascot Kelly Spencer shows squad the way.

B. Partin

D. Patton

R. Pedroza

K. Perkins

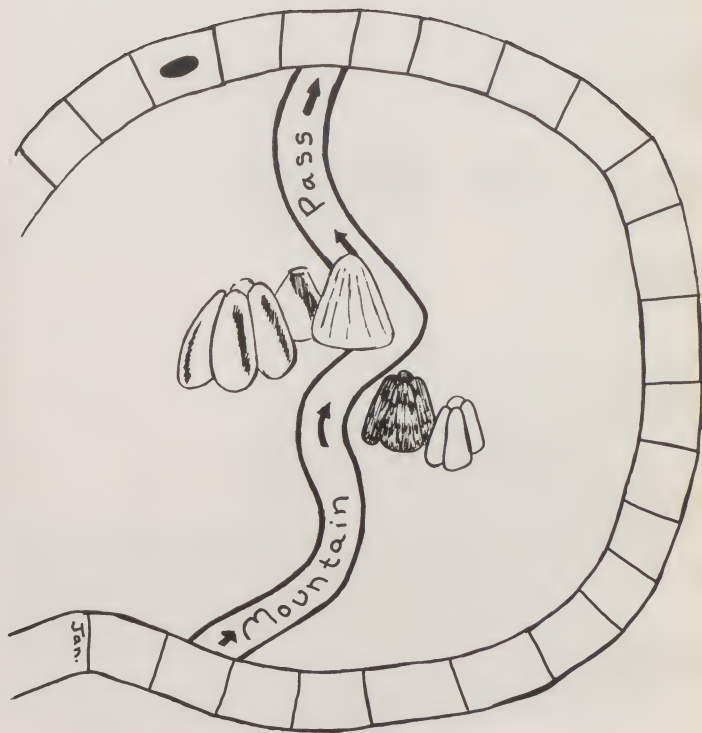
C. Podrecca

L. Pope

W. Poturalski

M. Powers





# Intramurals spark



READY, AIM, SHOOT!!!



This one's mine.

For those players who loved the game of basketball, but couldn't conform to formal rules, there was boys' intramural basketball. Here, hair could be floor length (on condition it didn't hamper playing), players wore what they pleased, swore when they wanted to and got away with fouls when they could sneak them in.

Boys picked their own teams often without tryouts. Contracts were usually based on the fact of who had a car that could transport players to games every Wed. night.

Games were filled with fierce competition, but it was all in fun. Players proved that basketball could be played without strict training rules. Mr. Tom Freeman headed intramurals of 1973-74 season.



"The Intramural Allstars".

L. Price K. Reeves D. Richardson B. Roberson D. Roberts B. Roop A. Rudolph B. Sanchez



# excitement



Move over Moe!!!

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BUZZ'S CLIMATE  
CONTROL

PAUL A. PHELPS

PRESIDENT

## INTRAMURALS:

	W	L
No-Name	5	0
Born Losers	4	1
IBTC	3	2
72 Inc.	2	3
Bulls	1	4
Sub Souls	0	5

No Name	1st place.
Born Losers	2nd place.
75 Inc.	3rd place.
Sub Souls	4th place.



Check out those legs, . . . .

M. Sebella J. Serratto W. Shepherd B. Smith L. Sobel D. Stanley M. Stanley J. Tatalovich



# Freshman and Kaplon



Homecoming Court—Denise Tsimblakis, Joe Szpakowski, Janice Hickman, James Cooper, Dorothy Zimmer, Dixon Tabla, Jenny Hershman, Paul Mayfield, Linda Nunez, and Jeff Westerhout.



Coach Hook says hustle, hustle!!!!!!

Basketball Homecoming added color to the long season. The game was played against Griffith on Jan. 11.

That night, Mr. Basketball, Bruce Kaplon, and Miss Spirit, Jenny Hershman, were presented. Other candidates for Miss Spirit were: Linda Nunez, Janice Hickman, Dorothy Zimmer, and Denise Tsimblakis. Bruce was chosen from senior class players who were on the varsity squad. Miss Spirit received a dozen roses and a crown. Mr. Basketball was given a new basketball.

B. Thews    C. Thomas    C. Thomas    S. Thorman    T. Trojan    B. Tucker    S. Vandiver    L. Tumer





# take honors



Varsity says "Slap five goodluck."



Classes display school spirit.



Bruce Kaplon was Mr. Basketball.



Basketball Homecoming Queen, Jenny Hershman and her escort, Paul Mayfield.

P. Vann   D. Vaughn   K. Weaver   S. Westmoreland   D. Wilkins   B. Williams   B. Williams   G. Wilson



# Band goes



Dixon Tabla as band major leads the band.



Mr. Hardt introduces the next tune to be done.



1973-74 Stage Band, FRONT ROW, L TO R: J. Fedor, J. Westerhout, D. Forest, D. West, D. Micic, T. Harmon, T. Schwei, BACK ROW, L TO R: R. Crawford, B. Loeffler, B. Via, B. Porlier, N. Johnson, J. Baltrushaitis, B. Van Vleet, C. Stanley, C. Hardt, instructor.

For musical players at school, a band and stage-band were provided. Mr. Charles Hardt directed both bands.

Band performed concerts, played for football games, and entered in State Band Contest in Angola, Ind.

Stageband played for basketball games, assemblies, pep sessions, and received a second at contest held in Hammond, Ind.



Jeff Wamper puts all he can into his music.



Stage band places 2nd in Hammond Gavitt competition

D. Zimmerman P. Yates N. Yates M. Yakab Richard Woodruff B. Wood





FRONT ROW: J. Hickman, R. Wojnarowski, 2nd ROW: D. Tabla, C. Mioduski, D. West, S. Duffee, S. Kendera, N. Yates, D. Klinger, 3rd ROW: D. Richards, B. Kruegar, K. Paradine, C. Hall, D. Micic, J. Baltrushaitis, K. Mikaloff, J. Graham, W. Crandall, M. Westerhout, 4th ROW: C. Elder, J. Edmonds, J. Price, J. Cutsinger, T. Boyd, B. Loffler, STANDING: D. Guth, J. Espinosa, R. Gonzales,



1973-74, Concert Band, FRONT ROW: L TO R, R. Wojnarowski, D. Klinger, D. Napier, 2nd ROW: D. Klinger, J. Westerhout, J. Fedor, D. Forrest, A. Sikora, 3rd ROW: B. Via, B. Porlier, S. Markle, S. Nasiatka, J. Wojnarowski, 4th ROW: J. Serratto, E. Knox, D. Wilkins, D. Eaton, STANDING: R. Yanez, J. Wampler, F. Elizondo, J. Palmowski.



Bret Porlier works on sound effects.



Frank Elizondo and Tom Schwei talk about musical arrangement.

We run circles around anyone when it comes to cameras and other gear.



Gary Camera 541 Washington St.

R. Aquilera

R. Alford

B. Arnold

R. Arocho

C. Asherift

J. Banister

P. Barragan

C. Bartolini



# Students learn math in new ways



Mr. Willing



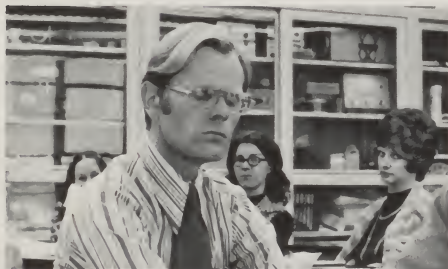
Algebra II

Players learned to participate in the number game with assistance from the math department which included teachers William Wilson, James Reygaert, Karen Spackey, and Arthur Willing. Added together, they made a fine combination.

Those taking math classes learned to add, subtract, multiply, and divide at several different levels.



Don Ford listens



Mr. Reygaert and Mrs. Spackey



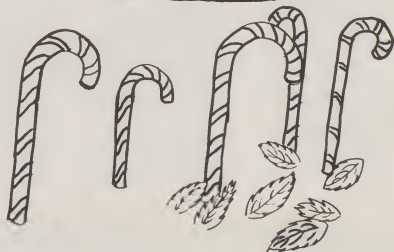
B. Billips P. Black R. Blanks M. Blowers C. Bottom B. Boyington T. Brewer W. Bright



Peppermint  
Stick  
Forest

127 miles

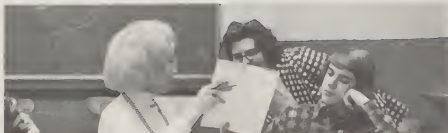
Feb.







Lori Pope, photo coordinator



Mrs. Lindemann, yearbook rep. and Mrs. Strange.

Yearbook class began the game by selling ads to local businesses under supervision of Mrs. Strange, yearbook advisor and Marilyn Liszewski, editor. Ads helped pay for publication of the yearbook.

To start, a theme had to be chosen for the book. It took time, but "A Game We Played" was agreed upon.

Photographers snapped pictures, lay-outs were drawn, copy was written, and captions were typed. Everyone rushed to organize material to meet deadlines when all was sent to be printed.



Lloyd Denny, bus. manager



R. Wojnarowski, copy ed.



Judy Tatalovich, layout editor

L. Brown

M. Bull

G. Bullins

K. Burge

S. Burgos

R. Campbell T. Cantwell

J. Carroll





# Liszewski heads Ingot



L. Sobel & M. Liszewski, editors.



K. Farthing & M. Rudolph, yearbook typists.



N. Emmett & E. Hayes work on yearbook layouts



S. Crafton & S. Alasevich sports editors.



R. Carney Adv. Editor.

J. Carroll

L. Caudill

C. Chamberlain

T. Coffman

J. Combs

M. Cotton

C. Cox

B. Czeka



# Fun is the name of the game

Once again it was the old game of who could do as much as possible without being caught by the teacher. Students found this game to be challenging as well as fun.

There were no limits to antics exhibited by mischievous youngsters.

A trip to the pencil sharpener could turn out to be a thing of beauty.



The two sides of Dixon Tabla



Students form human totem pole.



Gary Gallian takes a break.



B. Jenkins gives D. Chamberlain a lift.

K. Daniels

T. Davenport

L. Denny

C. Deutscher

P. Díaz

B. Dixon

J. Dixon

S. Dobson



# Bells

For players who enjoyed music and performing in a group, there was a class first hour in which they were taught to play bells. In charge of Bells was Mr. Rex Brown.

Mr. Brown worked hard to perfect the group so that they could play for concerts at school, in local churches, and at Christmas Wassail.

The boys in Bells decided to accompany choir on tour in summer of '75. Selected touring music was made ready a year in advance.



Richard Jones awaits his cue.



Bell Class practices for concerts.



Handbells 1974 KNEELING LEFT TO RIGHT, M. Vickey, R. Hartman, 2nd ROW M. Yakab, R. Gibson, T. Fields, C. Trump, K. Farthing, M. Kruegar, R. Jones, R. Mercado, W. Bright, T. Rosendaul, (Not pictured) W. Hazelton.

D. Dominoski

J. Doxtater

S. Duffee

M. Duncari

D. Easton

W. Edmonds

R. Elijah

J. Estill



# Students enjoy acitivities during lunch



Junior girls enjoy their lunch.

Every school day, twice a day, players were provided with nourishment, thanks to efforts by ladies employed in the cafeteria. Players bought lunches, and some brought their own lunches especially suited to individual taste.

Players had 45 minutes to stand in line, grab lunch, find a seat, and eat. Some never made it. For most, it was time enough not only to eat, but to also socialize with friends.



Students wait in line for their lunch trays.



Luke Corbett and Dan Waldrop engage in lunch activities.



Students mess around in snow after a delicious hot lunch.

J. Evans

C. Farley

K. Farthing

L. Flynn

D. Ford

P. Fraley

B. Freeman

G. Gallian



# Gymnasts win ribbons



Diane Simmons exhibits an arabesque on the beam.



Wendy Shepard, P. Denny, Dianna Simmons perform on the beam.

For female players who preferred participating in sports on a more individual basis, there was given the opportunity to join gymnastics team.

Mrs. Maylath coached the team which included: Theresa Wallace, Julie Wiggins, Diane King, Nancy Davis, and Jean Jasinski.

Gymnasts performed routines on balance beam, horse, uneven parallel bars, and did floor exercises. The girls had fun competing as well as keeping physically fit.



"Look mom, no hands"

THE RUSSIAN CLUB  
WISHES THE CLASS OF  
"74" THE BEST OF  
LUCK IN LIFE.

568 EAST SECOND STREET  
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HOBART, INDIANA  
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HOBART  
AIRCRAFT  
NORTH LAKE PARK AVE.

T. Gamble

M. Garza

R. Gibson

S. Gibson

B. Goings

N. Gonzales

K. Gowins

S. Guth





# RF hustles for a loss.

After the regular basketball season ended, sectionals were held to find the superior team of Indiana.

RF basketball players played at East Chicago Washington High School. They were matched against other schools in the area.

RF was considered the underdog but was, surprisingly, beaten not so badly as predicted.

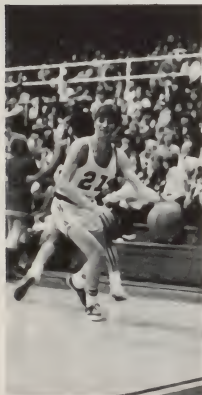
For the second consecutive year, RF fans won a sportsmanship award.



Senior Eddie Knox.



Fabulous Joe shoots for 2.



Senior Bruce Kaplon.



Coach Hook explains the strategy to the boys.

S. Heck

P. Hayes

B. Hartman

R. Hamilton

C. Hall

D. Hailey

C. Hajvert

R. Guzman





# Honor Society inducts new members.



Mr. Willing gives a demonstration for the Honor Society.

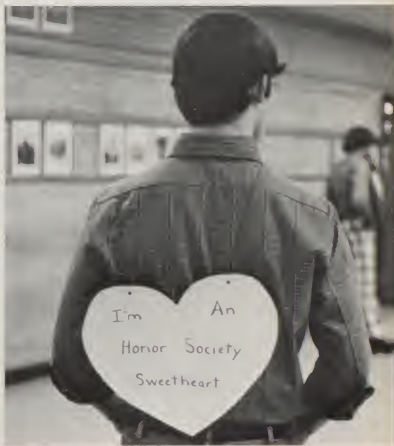
Mrs. Kathy Hooks and Mr. Robert Grenert sponsored an exclusive club called Honor Society. A player had to maintain a high academic average over a certain period of time in order to qualify.

New members were inducted in the spring. A candle ceremony was held in the school library. Society members and their parents were invited to attend.

Honor Society players enjoyed a trip to Chicago to see "Grease."



Gloria Trinidad lights the candle of induction.



Mike Knox is Honor Society's Valentine.

D. Holt

T. Holder

C. Hill

B. Hill

R. Hernandez

R. Henry

T. Henley

F. Hendrix



# Assemblies present new and exciting acts.



The U.S. Navy Band comes from the Great Lakes.

Student Council was in charge of the task of entertaining the student body with assemblies that were not only fun, but also educational.

Players were given a great variety in assemblies. They ranged from English singers to an acrobatic family from Europe.

Assemblies were usually held in the morning while players were alert and weren't as anxious to get home as they are by the time 6th hour came around.



"Poetry in Black"



Math dept. brought  
Atomic World Program



Les Walthen's, acrobats.

B. Jansen

J. Jasinski

R. Jaynes

C. Johnson

R. Julian

C. Karas

P. Kefover

A. Kendera



# Journalism gets with it.

Journalism is a most important communication device, for practically all players are always reading some sort of written material. To train players at RF, techniques of writing and writing well, a journalism program was offered.

Mrs. Wanda Strange taught the journalism class. Players found that the class was a bit more demanding than they may have thought it was going to be.

Journalism's real purpose was to prepare future year-book and newspaper students. Players learned fundamentals of planning a publication and of writing materials that go into the publication. Correct grammar was learned by application. Players were always writing.



Kevin Farthing, Kevin McClaskey and Paula Phelps play it cool.



Things get started off on the right foot.



Journalism in daily discussion.

S. Leonard

A. Kulak

E. Kujawski

M. Krueger

M. Knox

M. Kisner

J. Kipta

P. King



# Counselors schedule students.



Mr. Freeman lends a helping hand.



Mrs. Semerau.

The coming of spring marks beginning of plans for a new game schedule prepared for the upcoming year.

Underclassmen had to decide upon which classes would best suit them. Although some classes were required, students found they had many diverse and interesting subjects to choose from.

Students picked the subjects they wanted to take, and then it was up to counselors, Scobey and Freeman, to arrange schedules so that students got what they wanted and to make sure that classes weren't too large. Even after all of this trouble, students would be coming back next year, discontent with their schedules.



Mr. Scobey looks over class openings.

L. Warren

D. Lightfoot

B. Loeffler

S. Long

V. Long

M. Lunghofer

A. Maldonado

A. Martinez

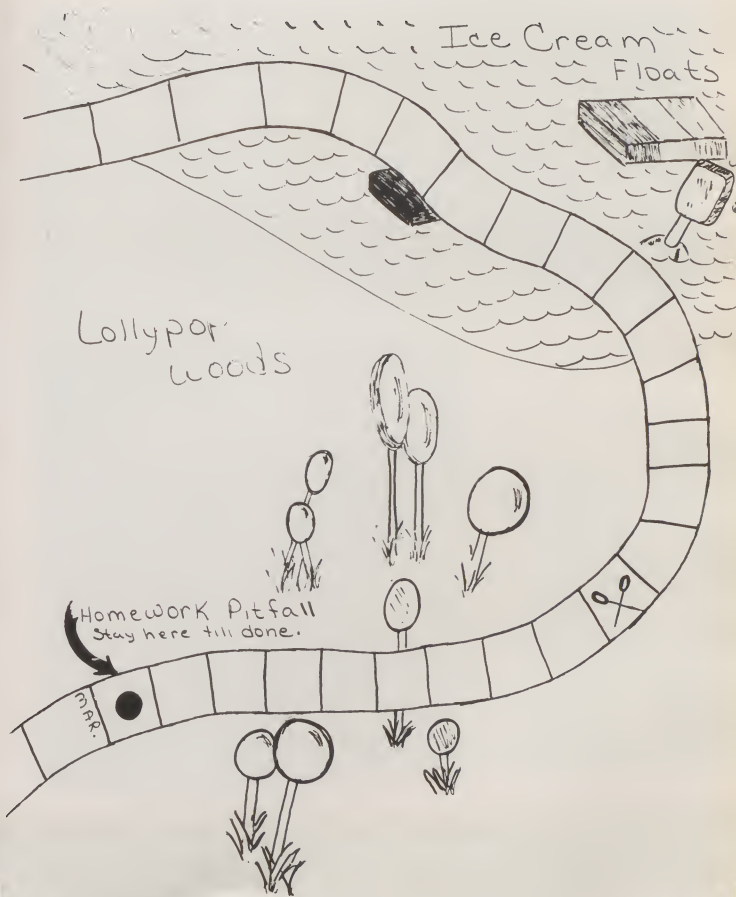


Ice Cream Floats

Lollypop Woods

Homework Pitfall  
Stay here till done.

MAR.



# Teachers enlighten history



Mr. Hughes explains the depression years to his class.

Social studies department was one of the largest of all departments. It consisted of economics, government, social studies, US History and world history classes.

Faculty members were Miss Betty Major, Mr. Robert Grenert, Mr. Ron Hughes, Mr. Donald Tippett, and Mr. John LaBounty.

Social studies department sponsored its annual fair during the week of April 22.

Library was used as show-room. Anyone was eligible to enter contest. Many pupils who had social studies classes were required to participate. Entries had to be built by students themselves. They were entered in the fair under various categories.



Mr. Tippett, another "cool" teacher.

A. Martinez

K. McClellan

C. McMurry

L. Meeks

D. Micic

D. Mills

D. Miranda

V. Montemayer





## classes through team efforts.



Mr. LaBounty, lays his hands on the world.

Ribbons were awarded to winning contestants. First and second place winners received cash awards from student council.

Players in this history game kept busy with many different activities. Jr. U.S. History students in the 3rd team teaching produced history skits, took notes, and tried to pass tests.

Every Player was presented with the chance to learn a lot about the advancement of our society throughout the years. It was up to students to assume responsibility to learn.



Mr. Grenert "enlightens" his class.



"Ah, yes," says Miss Major.

G. Moore

E. Mullins

L. Naggy

S. Newsom

W. Odgen

J. Olivarri

R. Olkoski

M. Ondo



# Foreign language takes players to different lands.

Players interested in cultures of other countries often took a foreign language. Russian and Spanish classes were offered. Mrs. Carolyn Turpin taught Spanish and Mr. Gene Adamczyk taught Russian.

Holidays usually brought with them special activities. At Christmas, players in this game learned to sing Christmas carols in Spanish and Russian. Besides songs, players also were taught different customs of each country. For Easter, Russian players tried to color eggs Ukrainian style. Players turned out beautifully decorated eggs while classmates made nothing but messes.



Russian Club: ROW 1, J. Moore, D. Cronch, E. Johnson, ROW 2, Mr. Adamczyk, advisor, D. Podrecca, E. Alasevich, R. Devault, B. Reeves, E. Hayes, ROW 3, W. Shepard, J. Tatalovich, P. Olsen, K. Reeves.



Russian students watch a pronoun chalk talk by Mr. Adamczyk.



Slavic dances can be fun.



"Buenos días, etados,".

D. Ordway

S. Orto

R. Otero

K. Paradine

C. Parks

C. Patterson

W. Patton

S. Payne



# 1 . . . 2 . . . 3 . . . You're out!

The familiar phrase, "Play ball" echoed throughout the baseball field to officially open baseball season.

Weeks and weeks of practice were required before RF's baseball team could be ready to take on opponents from other schools.

Many boys tried out for baseball. Players were placed on either varsity or junior varsity according to their talents.

Baseball proved to be a very successful sport. All players enjoyed the game, win or lose.



K. McClaskey, S. Nasiatka, G. Gallian, R. McGee, T. Gamble, H. Gunter, R. Gibson, J. Hershman, G. Moore, E. Mullins, P. Reed, Coach Bill Idzior

. . . there goes another run.



TOP ROW: L to R, D. Wilkins, E. Mullins, J. Jenkins, D. Stanley, G. Moore, R. Gibson, R. Coots, J. Hershman, Coach Baker, BOTTOM ROW, T. Gamble, M. Whittinghill, P. Mayfield, J. Bently, J. Fedor.

D. Pedroza

D. Peek

D. Peek

D. Podreca

R. Pollak

B. Porlier

P. Posey

D. Poturalski



# Weight lifting comes to RF



Junior, Rudy Milchak struggles for sit-ups.



RF athletes determine to lift.



Arnold Rippledam, works on perfection.



RF athletes lift for muscles.

Weightlifting is an essential part of keeping fit for most athletic players. Players at RF took advantage of opportunities to work out on weightlifting equipment purchased by the athletic department.

Students didn't monopolize equipment. At times, faculty members tried their hand at weightlifting. To the surprise of many, a hand was about the only part of their body in shape.

Toned bodies resulted from the purchase of equipment.

J. Price

R. Prince

B. Propeck

N. Rainwater

G. Ramirez

M. Ramirez

M. Ready

B. Reeves



# Girls' Track team hustles



Over and across the bar they go again.

Spring was the season for running. Girls enjoyed track although the beginning weather was a bit nippy. Sweatsuits were desired for a change.

Miss Joanne Schaffer coached the girls to a fine season.

All types of events made up track's program. Girls ran, jumped, and skipped to win as long as it was legal.

Girls' track team got new uniforms. They were red and gold. A matching pull-on knitted hat was part of the uniform. It came in handy when it was cold.



Look out below.



Girls come around on the last leg.

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R. Robb

M. Roduiguez

D. Rogozinski

V. Ropp

B. Russell

T. Sandala



# Pom Pom girls swing into action



Left, Left, Left, right, left . . .



Helen Gutierrez during pre-game.



TOP ROW: LEFT TO RIGHT, D. Vaughan, N. Gonzalez, H. Gutierrez, L. Gulley, SECOND ROW: M. Rudolph, N. Emmett, T. Sandola, N. Nuez, BOTTOM ROW: L. Pope, P. Phelps, B. Smith, P. Klutts.



T. Shepherd

J. Shaffer

T. Schlitz

M. Scnlarp

M. Sanyet

J. Sanyet

R. Santos

L. Santos







Terry Sandala



About face



Pom Poms performing Half-time

Pom pom squad was chosen to entertain audiences at football, basketball games, and pep sessions. They did routines for football pre-game shows and performed during football and basketball halftimes.

Mrs. Lynn Heller sponsored pom poms. They started the year by getting new uniforms, jackets, and red/gold pom poms. Funds were raised with bake sales, flower sales, and dance sponsoring.

Pom pom practice was held twice weekly after school until 4:30. Cheers were learned and dance-type routines were practiced to recordings of RF High School Band and professional bands. Their work was well appreciated.



Basketball Pom Pom Squad is on display.

P. Shire

D. Simmons

J. Skalik

R. Smith

L. Spicer

N. Stanfill

S. Stilly

L. Stover



# Phys. Ed celebrates holidays with a



Miss Schafer gets ready for next hour.

Physical education was an essential part of every player's high school education. At least one year of phys. ed. was required.

Miss Joanne Schaffer, Mrs. Nancy Maylath, Mr. Dennis Feagler, Mr. Wm. Koslovski and Mr. Wilbert Logah all instructed physical ed. classes. Both male and female players were expected to suit up every school day and participate in the day's activities.

During winter, indoor games such as volleyball, basketball, and gymnastics were played. As weather became more tolerable, classes moved outdoors to enjoy summer games.



Freshmen Julie Wiggins, Nada Dejonavich, Theresa Wallace.



Nada Dejonavich attempts a cartwheel between the sticks.

C. Strimbu

E. Tellez

S. Tenorio

C. Thomas

D. Thomas

S. Turner

D. Villanueva

D. Vaughn





# OEA goes to seminar

Business minded players organized to form Office Education Association. This club was to further business education. Mrs. Pam Melon and Mr. Ron McAtee were advisors of OEA.

One project of OEA was giving away kisses. Chocolate kisses, of course. Any student approaching an OEA member correctly identifying what OEA stood for was awarded with a Hershey Choclate Kiss.

OEA helped run the bookstore to get an idea of problems faced by even small business operations. Candy and school supplies were sold.



OEA department.



Diane Danielewicz & B. Miller



Brenda Chambers

M. Zoladz

J. Zanzig

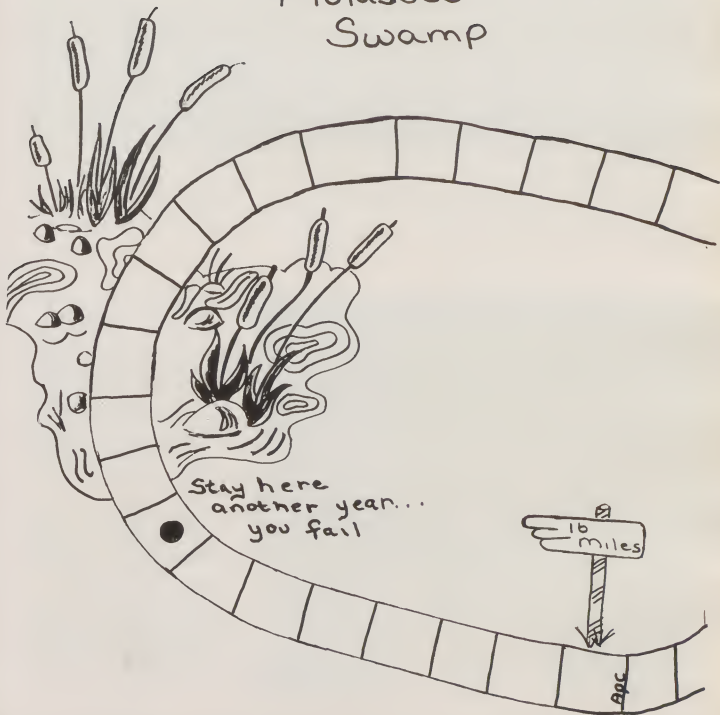
D. Woolsey

J. Wolek

B. Wilson



# Molasses Swamp



# Choir plans tour.



TOP ROW L to R M. Fraley, N. Biggs, L. Bean, D. Lightfoot, D. Warren, D. Hayes, D. Tabla, S. Kamano, B. Boyington, S. Emmett, P. Hayes, S. Thomas, ROW 2 N. Nunez, K. Hills, D. Estill, R. Hodge, P. Fraley, M. Garza, C. Polk, M. Ramirez, D. Winters, J. Addison, L. Hernandez, ROW 3 J. Uribe, J. Hibbard, J. Davis, K. Caudill, R. Daves, D. Hill, B. Wood, B. Carr, D. Tabla, R. Hernandez, ROW 4 (FRONT) V. Fraley, P. Harding, R. Wojnarski, T. Wright, C. Czewczyk, L. Turner, D. Richardson, R. Auilera, D. Zimmerman, A. Clark, and R. Warfel.



Swing Choir BOTTOM ROW S. Kamano, T. Krysak, D. Richardson, K. West, N. Johnson, R. Crawford, L. Hernandez, D. Hill, J. Kralik, D. Tabla, 2nd ROW R. Olkoski, T. Fields, D. Tabla, D. Chamberlain, C. Bartolini, J. Biggs, J. Bannister, N. Baragan, 3rd ROW C. Bottom, C. Trump, D. Haley, D. Ford, P. Klutts, R. Leitch, L. Turner, R. Bull

Choir proved to be one of the best and busiest divisions of fine arts department. Mr. Rex Brown directed a choir of over 100 members. Trying to keep them all quiet at one time was game's most difficult task.

During winter season, choir worked hard to produce a Wassail program. They sold tickets and fruit cakes. Everyone practiced and practiced Christmas music for a school assembly only to be snowed out the day before by gusting winds and falling snow.

G. Addison   L. Alasevich   G. Alfaro   L. Archer   J. Baker   J. Baltrushaitis   P. Barber   K. Barney







Concert Choir, 1st ROW L to R: R. Munez, G. Trinidad, L. Nunez, N. Johnson, R. Olkoski, G. Martin, B. Hartman, L. Crisp, G. Troutman, 2nd ROW: S. Gibson, D. Haley, K. Holder, V. Morris, B. Holt, N. Rainwater, L. Martinez, J. Kralik, C. Bottom, P. Barber, C. Wiggins, 3rd ROW: J. Bannister, D. Peek, J. Carrol, R. Hayes, M. Barragan, D. Carter, R. Leitch, K. Paradine, A. Baltrushaitis, C. Stimbu, TOP ROW: M. Price, S. Newsom, T. Rosendaul, R. Arocho, J. Biggs (PRES), L. Corbett, C. Trump, R. Bull, R. Westerlund, V. Kiser, P. Klutts, D. Zimmer.

1974 marked beginnings of a new game for choir. A tour to Europe in summer of '75 was planned. Various fund raising functions were undertaken including; paper drives, raffles for a television and photography equipment; and a pizza sale. Countries on tour were Germany, France, Holland, and Switzerland.



Mr. Brown directs both swing and concert choirs.

Spring Concert was held May 1. Multiple selections were sung to the enjoyment of listeners.

School ended, but the game for choir had just begun. Much work was incomplete. Songs were to be perfected for upcoming games.

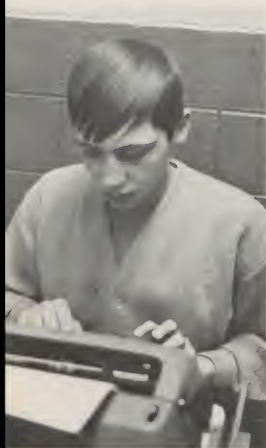


Swing choir performs before students.

D. Barragan   R. Book   L. Borman   T. Borman   R. Bowen   T. Boyd   T. Breese   C. Britt



# Newspaper tracks



Lloyd Denny types up a news story.



When Mike Lunghofer shows up it's time to get to work.



Debbie Hoefflicker, Steve Orto, Terri Greig, Maria Garza, Wendell Patton, Cindy Bartolini, Lloyd Denny, Patsy Williams, Mike Lunghoffer.

Second hour newspaper students were responsible for playing a reporter's game. Players were in charge of tracking down important news and presenting it to student body. Newspapers contained current events, sports, calendars, and human interest stories all written by students themselves.

Mrs. Wanda Strange was a great help to the staff. She corrected those things that were wrong and praised those that were right.

M. Bryant

B. Bull

C. Bullock

S. Burlison

R. Bumey

M. Butala

P. Cadle

D. Cantwell



# players

Players were kept jumping trying to meet deadlines for the bi-monthly publication.

Lloyd Denny was editor-in-chief taking charge of a staff of 14. Everyone had special duties and occasionally helped a friend in need.

Price of newspapers was raised to 10¢ a copy with the addition of two more pages.



Cindy Bartolini & Tom Coffman look over news story.



Hoeflicker, managing editor



Tom Brun keeps the class happy.



Advisor, Mrs. Strange is always ready to help

J. Carrs

M. Carroll

D. Carter

L. Castillo

J. Clark

A. Cochran

L. Corbett

J. Corley



# R.F. track keeps truckin



Ed Hesford bites the dust on the long jump.



Tom Brunis is up, up and over.

Speedy players proved their running abilities on track team. Other events, that depended more on physical, rather than running abilities, were also included in track.

Players of track and field game found themselves in such things as high jump, pole vault, long jump, shot put, discus, high hurdle, low hurdle, relays, and dashes at certain distances.

Members usually tried out for positions in specific areas, although at times, if someone were absent somebody else had to take his place. Occasionally substitutes were found to be in an event they knew nothing about.

D. Cowart

J. Cox

W. Crandel

R. Crawford

D. Cronch

J. Cutsinger

R. D'Aloisio

M. Davenport





Carroll Thomas practices his running broad jump.



Dixon Tabla competes in the High Hurdles.



John Bently lead the way this time.

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L. Davis

V. Davis

B. DeFord

N. Dejanovic

B. Delph

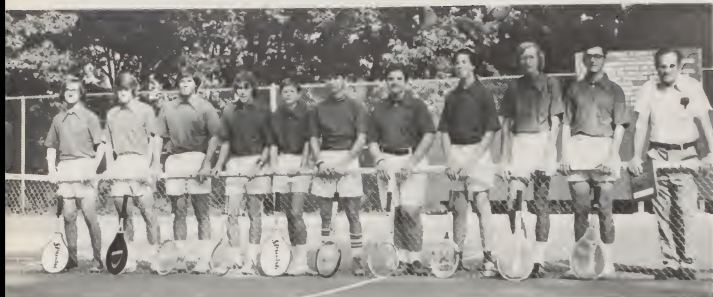
J. Corley

R. DeVault





# Tennis team racks em up



L to R: Tom Clary, Mike Zoladz, Joel Fedor, Stan Vandiver, Gary Gallian, Terry Gamble, Ray Westerland, Bill Reed, John Baltrushaitis, Harrison Gunter, Coach Oury.

For players who liked the sun and playing games outdoors, tennis was the perfect solution. Players not only got their daily exercise, but also got a suntan out of it.

Tennis team was coached by Mr. Dan Oury. The team played all of its scheduled games in autumn.

A tennis tournament took place in spring. Anyone in the Hobart area could compete. An entry fee of one dollar was charged for semi-final and final matches. Those surviving semi-final matches went on to the finals.

Every participant had to supply one can of new tennis balls.



OOPS! There it goes!



John Baltrushaitis warms up . . .

H. Dikis

S. Duffee

S. Eaton

L. Edmond

T. Fairchild

T. Fields

R. Figel

K. Freeman





Best of luck of "74".  
 Best of luck to the class of 1974.  
 Best of wishes to class of "74".  
 Best wishes for the 1974 Ingot Yearbook.  
 Bill says Good-Luck to the Senior class.  
 Buena Suerte a La Clase de 1974.  
 Chitty Chitty Bang Band.  
 Class of 74, May all your dreams come true. Pam  
 Congratulations and best wishes to the class of 1974 - Sr. Hi. Cafe.  
 Debbie Davis says, Keep On Truckin' Seniors!  
 Dekalb Barber Shop East Gary \$2.00 a Haircut.  
 Each person has good points and all have faults.  
 God's Blessing, Class of 1974.  
 Good Luck, Seniors - Mr. Feagler.  
 Good Luck to all graduating seniors.  
 Good Luck to the class of 74 from John Biggs.  
 Good Luck, TPer's of 1974, May we live forever.  
 Good Luck, Class of 75 - Miss Schaffer.  
 Good Luck, Class of 76.  
 Good Luck, Class of 1976.  
 Good Luck, Class of 77.  
 Good Luck, Linda, Nancy, and Brenda from Shirley.  
 Good Luck to Ricky, Joe and Panda.  
 Happiness is helping others.

Have a good life - Mrs. Sapper.  
 Kilroy was here.  
 Mabel's Cafe & Recreation 2917 Dekalb open Mon. thru Thurs. 6 am - 10 pm Fri. and  
 Sat. 48 hours.  
 Peace! Let it be!  
 Remember what the door mouse said.  
 Shell, Always remember Susie and the Duster.  
 Viva la Clase de 1974.  
 Waffco Towing wishes the Class of 74 Good Luck.  
 Mr. Freeman  
 Sergio Garcia  
 Mr. Grenert  
 Mr. & Mrs. Ralph Julian  
 Mr. Hughes says Good Luck to the Class of 74.  
 Mr. & Mrs. Donald Pope  
 Mr. Scobey  
 Mrs. John Skalik  
 Robert and Wanda Strange

L. Bruns      C. Britt      T. Breese      T. Boyd      L. Borma'      T. Borman      R. Book      D. Barragan



# Cross country runs distance



D. Wilkins runs by a Wirt runner.



RF cross country clowns.

Cross country was exactly as it sounds. Players in cross country had to run at least  $2\frac{1}{2}$  miles every meet.

Boys in cross country were really put through stress and strain. Weightlifting was included in preparing for meets. Various types of body building exercises also were required before each practice. Running long distances was a part of practice. It may sound easy, but it wasn't.

Mr. John LaBounty coached the track team. Cross Country was usually held at Cressmore Country Club.



RF runners are off and running.



Senior Kevin West

T. Harmon   T. Harmon   R. Hartman   R. Hartman   C. Hashman   R. Hayes   R. Hazelton   R. Helbert



# Charity week includes Physic Follies



Dan Cronch does his Russian dance.



Steve Orto is on the bite.



D. Tabla and Linda Nunez, dance at physics follies.



L. Stover, N. Emmett, and D. Simmons dance to half breed.

S. Held    M. Henderson    R. Henke    J. Heridia    J. Hershman    P. Hershman    K. Holder    K. Holder



# RF Golfers swing in the breeze



Bill Shikitis



KNEELING: S. Eaton, D. Guth, B. Vanfleet, B. Shikitis, STANDING: T. Cantwell, D. Eaton, S. Guth, B. Loeffler, J. Wojnarski, Coach Berquist.

Golf season opened on April 16 preceded by many after school practices in fields behind RF.

Players on golf team were John Wojnarski, Don Eaton, Mike Lunghofer, Scott Eaton, Don Guth, Bill Shikitis, Tom Cantwell, Bill VanFleet and Steve Guth. Mr. Ken Berquist coached.

Most matches were played at beautiful Cressmore Country Club in Hobart. Away matches were played on other courses in the area.

Players often were amazed at what they could do.



Mike Lunghofer



John Wojnarski

D. Hovis

V. Huddleston

L. Hunter

F. Jenkins

J. Jenkins

E. Johnson

R. Jones

J. Karageorge





# Industrial art learn for future work



J. Duarte concentrates on his work.



Whig makes a clamp



Mr. Rajsic, Mr. Symczyk, Mr. Tarka, Mr. Berquist

Anyone who felt a need to be creative, but didn't like art classes, had an alternative, industrial arts. In these classes, male and female players could work with metals, wood, drafting, and electronics.

Mr. Ken Berquist, Mr. Bob Rajsic, Mr. Tom Symczyk, and Mr. Jim Tarka were instructors of industrial arts department.

Industrial arts enabled students to construct useful objects.

M. Kaplon

D. Karss

D. Kendera

D. King

J. Kisner

D. Klinger

J. Korrecht

J. Krill







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L. Lee

R. Leltch

P. Lenord\*

T. Loeffler

S. Looney

D. Manning

B. Markle



# "Ten Little Indians" brings

Players really got the chance to show off their acting abilities through Spring play. Mr. Tom Hontz directed productions.

Weeks of practice went in to perfecting "Ten Little Indians." Mr. Hontz and Mr. Rex Brown had planned on doing the musical "Little Abner" but had to give it up because of lacking people to fit the parts.

The play was a suspense mystery revolving around ten people on an island



Nancy Davis portrays Mrs. Rogers.



Joel Fedor downs another bottle.



Everybody gathers for a good old fashioned drink.

G. Marlow

M. Margries

P. Martinez

N. Mayfield

C. Mazur

R. McGee

L. McMullen

E. Madeina



# suspense to R.F.



K. McClasky performing.

who are killed off one by one.

Ten Little Indians was staged in the high school gym on Friday, May 10th and Saturday, May 11th.

Stage scenery was constructed by industrial arts students with help from faculty members. As always the job was well done.

Actors did their best to make the play enjoyable for everyone who attended it.



Matt Yakab takes a break.



D. Crouch as Gen. McKinsey.

D. Meeks

M. Micic

P. Middleton

K. Mikalof

J. Miller

J. Moore

P. Morris

L. Myers





Some books on display during the bookfair.



... and the main librarian, Miss Bahun.



Mrs. Broda.



Theresa Rios and Julie Kipts examine the books.

J. Napler

S. Nasiatka

D. Nunez

R. Nunez

L. Poturaski

C. Polk

E. Prince

R. Propeck



# New books arrive at library



Mary Jo Henry.

Players got the chance to broaden their knowledge by purchasing books from the book fair. English department sponsored the book fair, which lasted from April 1 through April 5.

Players went to the fair during English classes. All types of books were available for purchases, including paperbacks and hardbacks.

Books could be either purchased on the spot or ordered by Miss Bahun.



Andy Hritz and Dave Peek take it easy

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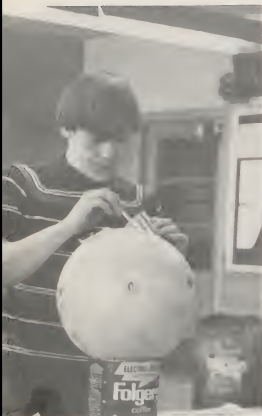
J. Roberts

T. Roberts

W. Roberts



# Art and crafts classes have new ideas



Tom Hall works on crafts project.



Rolley Coots paints his lamp shade.

Painting, sketching, sculpturing, and puppet making were some projects undertaken by arts and crafts students. Teachers were Mrs. Cheslek and Mr. Bache.

Creations were proudly displayed outside the art room in a showcase window. Passersby could view works of art to see progress of artists.

An annual art exhibition was held during the last month of school. Here artists were awarded ribbons for their efforts. Some objects were sold.



Daryl Polk is working on a stained glass.

V. Rogers

T. Rosendaul

K. Rudolph

T. Schewi

A. Shaver

B. Shukitis

B. Shumaker

A. Sikora







Mrs. Cheslek lends a helping hand in arts I.



Danny Vaughan



Pat Weeks



Tom Breese



L. Sitzenstock

C. Smith

B. Smith

U. Sobas

P. Spicer

C. Stanley

B. Stewart

S. Stover



# Health classes help move

Players learned how their bodies function properly and how to keep them that way through health class. Every player is required to have one year of health in order to be able to graduate. Health class is usually taken sophomore year.

Mr. William Koslovsky and Mr. Dennis Feagler taught health by flipping through text books, charts, films, and filmstrips. That was enough to keep anyone healthy.

With help from this class, players could really find reasons to stay home.



Health students study hard.



Mr. Koslovsky points out good health tips.



Mary Duncan, Penny Colman prove their acting ability in health.

R.A. Striker / A. Strimbu T. Taylor J. Thorp S. Thomas W. Turner C. Uhles B. VanVleet



# players on their way



Mr. Feagler keeps classes on the ball.



Health students wait for popcorn.

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FLORIST

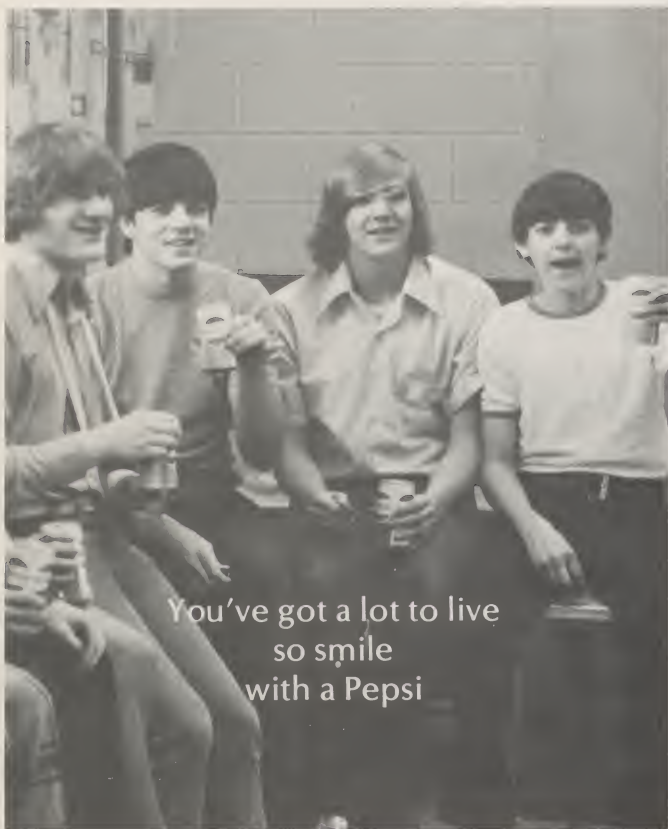


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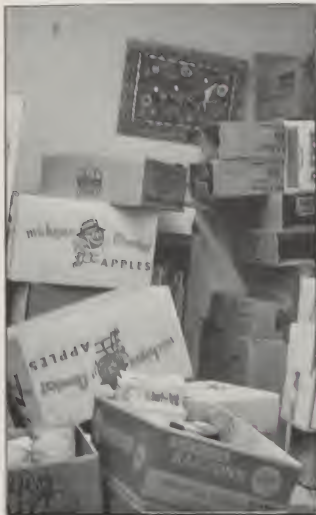


You've got a lot to live  
so smile  
with a Pepsi

M. Westerhout R. Westerlund M. Westmoreland J. Wiggins J. Williams E. Winklepeck J. Wojnarski W. Wright



# Student Council



# This magic moment



King Ed Knox and Queen Jenny Kukral pose with their dates, Willie Roberts and Paula Phelps.

A clear, brisk May 4th was the perfect evening for 1974 Jr.-Sr. Prom. Junior Class sponsored the exciting traditional event.

Forty-two couples attended the dance reigned over by Queen Jenny Kukral's and King Eddie Knox. Both received the most votes out of all seniors who came that night. Everyone voted as he came in. Winners were announced later that night.

Couples danced to the music of Hobart High School's stage band at the Woodland Pavilion in Portage, Indiana.



Couple prepares for picture.



David Barragan gets some refreshments.



114 Laurie Crisp and Ken Carson enjoy the prom.



This was Jenny Kukrals magic moment.





Leading the grand march are the King, Queen, and senior president.



Nancy Emmett and Larry Johnson have their magic moment.



Miss Speckhard and J. Rodenbarger helped set things up.



S. Schiller and L. Stover are only two who enjoyed dancing.

Juniors had begun preparing prom as early as spring of 1973. Students worked hard to produce a good prom with assistance from their class sponsors.

Chosen as the theme was "This Magic Moment." The pavillion was gaily decorated in colors of spring.

Girls came in lovely long gowns with escorts handsomely dressed in tuxedos. Couples had pictures taken by a professional photographer to have as keepsakes.

Prom began at 8 pm and ended at 11:30. Everyone ate dinner afterwards and then went home to rest for the following day's excursions.



M. Stanley, N. Johnson, M. Yakab, C. Podrecca sit one out for some conversation.

The Senior Class of 1974 have been leading the game throughout the entire year. Participating in many activities such as can drives, pep sessions, charity week and student government, they have won the game.

Throughout the many years in elementary, junior high, and high school, we have trained ourselves for a new life that will begin after graduation. For us, it is only the beginning. During this new game we will try to use this knowledge we have acquired to make this world a better place.





# Graduation produces:

## ACADEMIC AWARDS

### ART . . .

John Conger  
Julie Elliot

### AUDIO-VISUAL . . .

Kassandra Kaplon  
Rich Manning  
Rudy Mercado

### BAND . . .

Jeff Westerhout  
Janice Hickman  
Barb Krueger  
Dixon Tabla  
Rose Wojnarowski  
Jeff Westerhout

### DRAMA . . .

Kevin McClaskey  
John Baltrushaitis  
Sheila Long  
Joel Fedor  
Darlene Patton

### HOME ECONOMICS . .

Michele Zoladz  
Nancy Benka  
Susan Young

### BUSINESS . . .

Susan Young  
Cindy Peveler  
Norma Serrano  
Jim Cooper

Sherry Moreland  
Joanne Wilkins (2)

### LIBRARY . . .

Sue Smith  
Barbara Mills  
Carlene Williams  
Harry Wallace  
Kathy Wheeler

### ENGLISH . . .

Sherry Moreland  
Janice Hickman

### JOURNALISM . . .

Marilyn Liszewski

### YEARBOOK . . .

Marilyn Liszewski

### FRENCH . . .

Sherry Moreland

## MATH ASSISTANT . . .

Janice Hickman

## OUTSTANDING ATHLETE .

Eddie Knox

## ATHLETIC AWARDS

### TENNIS . . .

Joal Fedor

### FOOTBALL . . .

Ted Fields  
Ed Hesford  
Bill Jenkins  
Eddie Knox  
Jim Light  
Chris Stanfill  
Joe Szpakowski  
Don Thormann

### WRESTLING . . .

Bob Yanez

### BASKETBALL . . .

Don Chamberlain  
Bruce Kaplon  
Eddie Knox  
Ted Fields  
Ed Hesford

### TRACK AND FIELD . . .

Bill Jenkins  
Eddie Knox  
James Nedza  
Dixon Tabla

### BASEBALL . . .

Joel Fedor  
Paul Mayfield  
Mike Whittinghill

### GIRL'S ATHLETICS . . .

Dorothy Zimmer  
Nancy Benka  
Panda Denny

### BOWLING . . .

Paul Mayfield  
Carl Samuels

### PERFECT ATTENDANCE .

John Conger  
Panda Denny

### STUDENT COUNCIL . . .

James Cooper  
Dorothy Zimmer

## Penny Estill

Janice Hickman  
Linda Nimes  
Denise Richard  
Laure Skalik  
Patty Thompson  
Gloria Trinidad  
Mike Whittinghill  
Rose Wojnarowski

## S. COUNCIL SCHOLARSHIP

## READER'S DIGEST AWARD

Dan McClure

## DAR AWARD . . .

Norma Serrano

## VFW AWARD . . .

Laure Skalik

## HOSSIER SCHOLARS . . .

Panda Denny  
David Hayes  
Janice Hickman  
Joyce Jasinski  
Tod Johnson  
Eddie Knox  
Tony Krysak  
Jenni Kukral  
Marilyn Liszewski  
Sherry Moreland  
James Nedza  
Norma Serrano  
Laure Skalik  
Gloria Trinidad  
Rose Wojnarowski  
Susan Young  
Dorothy Zimmer

## SCHOLARSHIPS . . .

Tod Johnson  
Panda Denny  
Eddie Knox (2)  
Darlene Weaver

## OPTIMIST AWARD . .

Janice Hickman  
Dixon Tabla

## SALUTATORIAN . . .

Tod Johnson

## VALEDICTORIAN . . .

Dan McClure

# winners of game.



1. C. Patterson, R. Cools, J. Myers, C. Thompson, D. Chamberlain and J. Carol enter for graduation ceremony.

For the class of 1974, the high school game ended with graduation, something long waited for twelve years.

Graduation consisted of caps and gowns, announcements, sr. pictures, open houses, and commencement exercises.

Seniors had two practices to make sure they walked in and out as well as they possibly could.

Awards were given to outstanding seniors on senior honor day.

Commencement exercises were held on the evening of May 28th.

Parents, teachers, administration, and friends were all on hand to witness seniors receiving their diplomas.

Girls were dressed in gold robes, boys in red. Tassels were white except for those of Honor Society members which were gold.

Graduation was both sad and happy. It ended one era and began another.



2. Mr. Newton congratulates D. Mc Clure valedictorian.



3. Senior graduates are directed in song with other choir members.



## ACADEMIC AWARDS

### ART . . .

Pat Weeks  
John Jenkins  
Honora Mitol  
David Delgado  
Rosemary Gonzalez  
Mark Biznco  
Marla Ready  
Cindy Hajvert  
Darlene Patton  
Nita Rainwater  
Judy Jackson  
Shirley Weeks  
Jeff Dixon  
Mario Villanueva

### AUDIO VISUAL . . .

Dan Deutscher  
John Palmowski  
John Miranda  
Tom Bruns  
Rolley Coots  
Frank Elizondo  
Ron Coots  
Buddy Prince  
Walt Poturalski  
John Evans  
Tom Galvin  
Art Gutierrez

### BAND . . .

Joyce Baltrushaitis  
Terry Boyd  
Jackie Cutsinger  
Juan Espinosa  
James Graham  
Don Guth  
Karen Mikoloff  
Tom Schwei  
Ann Sikora  
Brian Via  
Bill Van Vleet  
Mike Westerhout  
John Wojnarski

### BUSINESS . . .

Diane Haley  
Vickie Davis  
Michelle Karageorge  
Dianna Simmons  
Becky Morris  
Bev Smith

Barb Williams  
Cindy Deutscher  
Karen Weaver  
Peggy Bruno  
Kim Paradine  
Sandy Leonard  
Terry Sandala  
John Biggs  
Nancy Biggs  
John Butala  
Helen Gutierrez  
Gene Bullins  
Virginia Monroe  
Linda Prince

### FOREIGN LANGUAGE . . .

Kevin Rudolph  
Millie Marquez  
John Carroll  
Paquin Diaz  
Luz Santos  
Margie Campbell  
Nancy Biggs

### HOME ECONOMICS . . .

Cheryl Bottom

### LIBRARY ASSISTANTS . . .

Ronnie Helbert  
Chris Karras  
Kellie Daniels  
Betty Barber  
Charles Britt  
Jeff Carnes  
Danny Bell  
Wendel Patton  
Linda Stover  
Doug Ordway

### JOURNALISM . . .

Debbie Hoefflicker  
Lloyd Denny  
Cindy Bartolini  
Mike Lunghofer  
Patsy Williams  
Tom Coffman  
Terri Greig

### YEARBOOK . . .

Elaine Hayes  
Mandi Rudolph  
Lori Pope  
Lisa Sobel  
Ray Carney

### SOCIAL STUDIES . . .

Elaine Hayes

### STUDENT COUNCIL . .

Sherry Hill

Shirley Thormann  
Pam Olsen  
Jean Doxtater  
Kevin McClaskey  
Don Ford  
John Evans  
Cheryl Bottom  
Linda Caudill  
Tom Coffman  
Sue Held  
Wanda Wright  
Phil Reed

## ATHLETIC AWARDS

### CROSS-COUNTRY . . .

Scott Crafton  
Bill Hanna  
Dave Peek  
Dave Wilkins  
Dave Burton

### FOOTBALL . . .

John Estill  
Ron Gibson  
Mike Knox  
Garry Moore  
Ed Mullins  
Mike Ondo  
Ramon Santos  
Bob Wanzer  
Mike Barker  
Dan Bell  
John Bentley  
Rick Francis  
Jim Long  
Jerry Nelson  
Dave Ortero  
Buddy Prince  
Dennie Szpakowski  
Dan Waldrop  
Paul Loving  
Mike Stanley  
Carroll Thomas  
Matt Yakab

### TENNIS . . .

John Baltrushaitis  
Tom Clary  
Stan Vandiver  
Gary Gallian  
Harison Gunter  
Mike Zoladz

### BASKETBALL . . .

Joe Herschman



Ron Gibson  
Garry Moore  
Matt Yakab  
Dave Burton

#### WRESTLING . . .

Mike Barker  
Dave Duarte  
Kevin Freeman  
Aaron Garner  
Dan Jones  
Mike Orange  
John Serrato  
Mark Vickrey  
Dan Waldrop  
Dan Bell  
Glen Ragon  
Mike Zoladz  
Rudy Milchak  
Bob Wanzer, Mgr.  
Larry Meyers, Mgr.

#### GOLF . . .

Tom Cantwell  
Mike Lunghofer  
William Van Vleet  
John Wojnaroski  
Don Eaton

#### BASEBALL . . .

Mike Whittinghill  
John Bentley  
Ron Coots  
Terry Gamble  
Joe Hershman  
Mike Stanley  
Dave Wilkins  
Ron Gibson  
Garry Moore  
Ed Mullins

#### TRACK & FIELD . . .

Mike Barker  
John Biggs  
Tom Bruns  
Scott Crafton  
Juan Espinosa  
John Estill  
Paul Loving  
Dan Waldrop  
Matt Yakab  
John Bentley  
Carroll Thomas

#### BOWLING . . .

Mike Barker  
Dan Bell  
Kevin Rudolph

Wade Turner  
Randy Wagoner  
Jackie Kisner  
Randy Book

#### CHEERLEADERS . . .

Judy Tatalovich  
Shirley Thormann  
May Page  
Nancy Davis  
Linda Caudill  
Candy Thomas  
Diane Haley  
Dianna Simmons  
Sandy Leonard  
Linda Stover  
Margie Olivarri  
Susan Stover  
Diane King  
Theresa Wallace  
Julie Wiggins  
Nada Dejonovic

#### GIRLS ATHLETICS . . .

Susan Stover  
Lori Castiolo  
Ursula Sobas  
Linda Alasevich  
Linda Achor  
Grace Addison  
Cathy Uhles  
Becky Via  
Linda Shepherd  
Cindy Gurley  
Pam Barber  
Linda Poturalski  
Clara Escabalzeta  
Laurie Demmon  
Kelly Holder  
Pam Leonard  
Linda Hunter  
Diane Holder  
Teresa Wallace  
Julie Wiggins  
Diana King  
Cindy Bartolini  
Vanessa Montemayor  
Debbie Padron  
Dolly Padron  
Linda Stover  
Esther Tellez  
Dianna Simmons  
Candy Thomas  
Jean Jasinski  
Debbie West

Debbie Thomas  
Sandy Leonard  
Cindy Hall  
Nancy Davis  
Patty Klutts  
Nancy Biggs  
Wendy Shepherd  
Shirley Thorman

#### GIRLS INTRAMURALS . . .

Becky Via  
Ursula Sobas  
Lori Castillo  
Pam Leonard  
Linda Poturalski  
Linda Shepherd  
Linda Achor  
Zinda Alasevich  
Laurie Demmon  
Cindy Gurley  
Cindy Bartolini  
Dianna Simmons  
Candy Thomas  
Dolly Padron  
Cindy Hall  
Debbie Padron  
Canessa Montemayor  
Linda Stover  
Esther Tellez  
Linda Caudill  
Jean Jasinski  
Tina Schlitz  
Dawn Hyde  
Debbie Thomas  
Cheryl Bottom  
Debbie West  
Nancy Biggs  
Wendy Shepherd  
Pom-Pon Squad . . .  
Nancy Emmett  
Elizabeth Gonzalez  
Nora Gonzalez  
Linda Gulley  
Helen Gutierrez  
Noni Nunez  
Delia Pedroza  
Paula Phelps  
Lori Pope  
Mandi Rudolph  
Terry Sandala  
Bev Smith  
Pat Vann  
Dianna Vaughn



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the 1990s, the number of people with a diagnosis of schizophrenia has increased in the United Kingdom (Meltzer 1997). This has led to a growing reliance on the use of drugs to manage the condition.

There is a growing awareness of the need to improve the management of people with schizophrenia. The National Institute for Clinical Excellence (NICE) has published guidelines for the management of schizophrenia (NICE 2002). These guidelines recommend that people with schizophrenia should be treated with antipsychotic drugs. However, there is a need to ensure that people with schizophrenia are able to access the services they need to manage their condition. This includes access to mental health services, social services, and housing.

One of the main challenges in the management of schizophrenia is the need to ensure that people with the condition are able to access the services they need. This includes access to mental health services, social services, and housing. There is a need to ensure that people with schizophrenia are able to access the services they need to manage their condition.

There is a need to ensure that people with schizophrenia are able to access the services they need to manage their condition. This includes access to mental health services, social services, and housing. There is a need to ensure that people with schizophrenia are able to access the services they need to manage their condition.

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the 1990s, the number of people with a mental health problem has increased by 50% (Mental Health Foundation 1999). The prevalence of mental health problems has increased in the general population, and the incidence of mental health problems has increased in the prison population.

There is a growing awareness of the need to address the mental health needs of prisoners. The Department of Health (1999) has published a strategy for mental health services, which includes a commitment to improve the mental health of prisoners. The Department of Health (2000) has published a strategy for mental health services, which includes a commitment to improve the mental health of prisoners.

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